

# One Day 2-Night

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Sue Kaupelis (USA) - June 2022  
音樂: One Day Tonight - Noah Thompson : (Single - iTunes)



**Intro: 16 counts – start on the word “sip”**

**Restart on wall 3**

## **S1: Side together, forward triple, Step ½ turn X2**

1 2            Step R to right Side, Step L next to R  
3&4           Triple forward R L R  
5 6            Step L forward, Pivot ½ turn R ending with weight on R  
7 8            Step L forward, Pivot ½ turn R ending with weight on R

**Non turning option: can substitute a Left rocking chair for 5-8**

## **S2: Side together, back triple, Reverse rocking chair**

1 2            Step L to left Side, Step R next to L  
3&4           Triple back L R L  
5 6            Rock back on R, recover forward on L  
7 8            Rock forward on R, recover back on L

## **S3: Step touch x2, Walk Back 3 steps with a 1/4 turn, touch**

1 2            Step R to R side, Touch L next to R  
3 4            Step L to L side, Touch R next to L  
5 6            Walk back R, L  
7 8            Step R turning ¼ turn R Touch L next to R (3:00)

**RESTART here on wall 3 – change count 8 to a step and Restart**

## **S4: Step L, hold, quickly step R next to L, Step Touch, sways**

1 2            Step L to L side, Hold  
&3 4           Step R next to L on &, Step L to L side, touch R  
5 – 8           Sway or bump hips R, L, R, L

**Start Over**

Thanks to Joan Antonik for inspiring me to do this and suggesting the music.