

More & More

COPPER KNOB
BY SPENCER CRANDALL

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Lee Hamilton (SCO) & Gregory Danvoie (BEL) - June 2022
音樂: More - Spencer Crandall : (iTunes & Amazon)



Intro: 16 Counts

Section 1 [1-8] Walk RL, R Mambo Fwd, Back RLR, Sailor ¼ L

1 2 Step R Fwd (1), Step L Fwd (2), 12:00
3&4 Rock R Fwd (3), Recover onto L (&), Step R Back and turn L toe to L Diagonal (4), 12:00
5 6 Step L Back and turn R toe to R Diagonal (5), Step R Back and turn L toe to L Diagonal (6),
12:00
7&8 Make a ¼ L as you cross L behind R (7), Step R to R Side (&), Cross L over R (8), 9:00

Section 2 [9-16] R Side Rock, Recover, R Cross Shuffle, Hinge ¼ R, L Shuffle Fwd

1 2 Rock R to R Side (1), Recover onto L (2), 9:00
3&4 Cross R over L (3), Step L to L Side (&), Cross R over L (4), 9:00
5 6 Make a ¼ R by stepping L Back (5), Step R to R Side 12:00
7&8 Step L Fwd (7), Closed R beside L (&), Step L Fwd (8), 12:00

Section 3 [17-24] R Mambo Fwd, L Mambo Back, Jazz ¼ R

1&2 Rock R Fwd (3), Recover onto L (&), Step R Back (4), 12:00
3&4 Rock L Back (3), Recover onto R (&), Step L Fwd (4), 12:00
5 6 Cross R over L (5), Make a ¼ R by stepping L Back (6), 3:00
7 8 Step R to R Side (7), Cross L over R (8), 3:00

Section 4 [25-32] R Rumba Box Fwd, Anchor R&L

1&2 Step R to R Side (1), Close L beside R (&), Step R Fwd (2), 3:00
3&4 Step L to L Side (3), Close R beside L (&), Step L Back (4), 3:00
5&6 Lock R behind L (5), Recover onto L (&), Step R slightly Back (6), 3:00
7&8 Lock L behind R (7), Recover onto R, (&), Step L slightly Back (8), 3:00

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