Hui Yi Zhong Yong Bao (回忆中拥抱)



拍數: 32 牆數: 4 級數: Improver 編舞者: Shirley Bang (MY) & Penny Tan (MY) - June 2022 音樂: Hui Yi Zhong Yong Bao (回忆中拥抱) - L (桃籽)



Start from vocal: "Sui" - "Si Nian Sui feng"

**Restart :On W4 dance up to 16C, then restart the dance facing 12:00

SEC1:BASIC NIGHT CLUB (R-L), FWD ,L RECOVER WITH SWEEP, BACK WITH SWEEP, BACK WITH SWEEP

| 1-2& | Step RF to R , slightly cross LF behind RF ,recover RF on R |
|------|--|
| 3-4& | Step LF to L , slightly cross RF behind LF,recover LF on L |
| 5-6 | Step RF fwd , recover LF with sweeping RF from front to back |

7-8 Step RF back with sweeping LF from front to back, step LF back with sweeping RF from front

to back

SEC2:BEHIND ,SIDE , CROSS, RECOVER,SIDE,CROSS,SIDE ,BEHIND,1/4 TURN R FWD , PIVOT ½ TURN R FWD

| 1&2 | Cross RF behind LF,step LF to L,cross RF over LF |
|-----|---|
| 3&4 | Recover LF on L,step RF to R, cross LF over RF |
| 5&6 | Step RF to R , cross LF behind RF ,1/4 turn R , step LF fwd |
| 7&8 | Step LF fwd , ½ turn R , recover on R ,step LF fwd |

SEC3:SIDE ROCK, RECOVER, CROSS SHUFFLE (R-L)

| 1-2 | Rock RF to R, recover on L |
|-----|----------------------------|
| | |

3&4 Cross RF over RF LF ,step LF to L, cross RF over LF

5-6 Rock LF to L ,recover on R

7&8 Cross LF over RF, step RF to R,cross LF over RF

SEC4:PIVOT ½ TURN L (2X), SYNCOPATED JAZZ BOX, POINT OUT, TOUCH IN

1-2 Step RF fwd,1/2 turn L ,recover on L3-4 Step RF fwd,1/2 turn L ,recover on L

5&6& Cross RF over LF, step LF back, step RF to R, cross LF over RF

7-8 Point RF out to R, drag RF to LF and touch RF next to LF

Have Fun!

Happy dancing!

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