

Hui Yi Zhong Yong Bao (回忆中拥抱)

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Shirley Bang (MY) & Penny Tan (MY) - June 2022
音樂: Hui Yi Zhong Yong Bao (回忆中拥抱) - L (桃籽)



Start from vocal : "Sui" - "Si Nian Sui feng"

**Restart :On W4 dance up to 16C , then restart the dance facing 12:00

SEC1:BASIC NIGHT CLUB (R-L) , FWD ,L RECOVER WITH SWEEP , BACK WITH SWEEP, BACK WITH SWEEP

1-2& Step RF to R , slightly cross LF behind RF ,recover RF on R
3-4& Step LF to L , slightly cross RF behind LF,recover LF on L
5-6 Step RF fwd , recover LF with sweeping RF from front to back
7-8 Step RF back with sweeping LF from front to back, step LF back with sweeping RF from front to back

SEC2:BEHIND ,SIDE , CROSS, RECOVER,SIDE,CROSS,SIDE ,BEHIND,1/4 TURN R FWD , PIVOT ½ TURN R FWD

1&2 Cross RF behind LF,step LF to L,cross RF over LF
3&4 Recover LF on L,step RF to R , cross LF over RF
5&6 Step RF to R , cross LF behind RF ,1/4 turn R , step LF fwd
7&8 Step LF fwd , ½ turn R , recover on R ,step LF fwd

SEC3:SIDE ROCK ,RECOVER,CROSS SHUFFLE (R-L)

1-2 Rock RF to R,recover on L
3&4 Cross RF over RF LF ,step LF to L, cross RF over LF
5-6 Rock LF to L ,recover on R
7&8 Cross LF over RF , step RF to R,cross LF over RF

SEC4:PIVOT ½ TURN L (2X), SYNCOPATED JAZZ BOX , POINT OUT , TOUCH IN

1-2 Step RF fwd,1/2 turn L ,recover on L
3-4 Step RF fwd,1/2 turn L ,recover on L
5&6& Cross RF over LF, step LF back , step RF to R ,cross LF over RF
7-8 Point RF out to R, drag RF to LF and touch RF next to LF

Have Fun!

Happy dancing!

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