# Waste of Lime



編舞者: Heather-Zara Shepherd (AUS) - May 2022

音樂: Waste of Lime - Ingrid Andress



Start: On FUN

One Tag - Four Restarts

Can do a Split Floor with Waste of Lime Ez

## Walk, Walk, Forward Coaster, Side Rock Recover, Back Coaster

1-2 3&4 Walk Fwd RL & Fwd Coaster - ( step fwd R step together L - step back R)

5-6 7&8 Step L to L side, Recover R, Back Coaster ( step back L step R together step Fwd L)

## Step Side Together, Shuffle Fwd, Step Side Together, Shuffle Fwd

1-2 3&4 Step R to side, step L together, Shuffle Fwd RLR5-6 7&8 Step L to side, step R together, Shuffle Fwd LRL

\*TAG / RESTART

## Step Back Lock, Syncopated Lock, Step Back Lock, Syncopated Lock

1-2 3&4 Step R back, Cross L over R, Step back R Cross L over R, Step back R

5-6 7&8 Step L back, Cross R over L, Step back L Cross as R over L, Step back L ( keep weight On

Left)

#### Rock Back, Rock Fwd, Weave 1/2 Turn R, Step Back R Rock Fwd L

1-2-3-4. Rock back R, Rock Fwd L, Step R to R side, Step L behind R

5-6-7-8 Step R to R side, Step L in Front of R turning 1/2 R, Step back R (6.00) step Fwd L

#### TAG: (First time facing 6.00 wall, dance the first 16 counts)

\*Step back R, Cross L over R, Step Back R, Turning a Full Turn Left, Step L-R-L-R-L Facing back at 6.00 Wall.. Ingrid sings.."I turned around and you were gone"! (\*RESTART)

#### **RESTARTS -**

4 th Wall Facing 6.00 : Dance the first 8 Counts

5 th Wall - Still Facing 6.00 Wall: Dance the first 24 Counts, (after Lock steps)

8 th Wall Facing 6.00 : Dance the first 24 Counts, (after Lock steps)

To Finish the dance after First 8 Counts - Turn to the Front.

The Music Will Take You There!

Contact: cosmicountry@gmail.com. Phone: 0410614445

Facebook: Cosmic Country Line Dancing Insta: cosmic\_country\_line\_dancing

YouTube: Cosmic Country Line Dancing by Zara