

SPD (Some People Do)

COPPER KNOB
BY SHEETS

拍數: 32
編舞者: EWS Winson (MY) - May 2022
音樂: Some People Do - Old Dominion

牆數: 2

級數: High Intermediate



Intro : 16 counts in (Approx 0.17 sec)

Notes : There are 3 Restarts. Restarts 1 and 2 happen on Wall 1 and Wall 3 after 24 counts. Restart 3 happens on Wall 5 after count 6 with step changes.

#1 (1-8) R Touch Unwind ½ (R), L Pivot ½ (R) with L Sweep, L Cross, R Side, L Behind & R Ronde, R Behind, ⅛ (L) with L Forward, R Forward & Spiral Full (L), L-R Forward Run

- 1-2&3 Weight on LF: Touch R toes back (1), turn ½ R stepping RF in place (2), step LF forward as you pivot ½ R (&), step RF in place sweeping LF from back to front (3) 12.00
- 4&5 Cross LF over RF (4), step RF to R side (&), cross LF behind RF sweeping RF from front to back (5) 12.00
- 6&7 Cross RF behind LF (6) ***, turn ⅛ L stepping LF forward (&), step RF forward making a full turn L over L shoulder ended with LF crossing over RF (7) 10.30

On Wall 5. dance until count 6, then replace the subsequent steps with "Step LF to L side (&), step RF forward (7), step LF forward (8), lift R knee beside LF (&)". Begin the dance again, facing 12.00 o'clock.

- 8& Run forward on LF and RF (8-&) 10.30

#2 (9-16) L Syncopated Rocking Chair, L Forward, R Forward Kick & Hook, R Cross, L Back, ½ (R) with R Forward, L Pivot ½ (R), ½ (R) with L Back & R Sweep, R Back & L Sweep

- 1&2& Rock LF forward (1), recover weight on RF (&), rock LF back (2), recover weight on RF (&) 10.30
- 3&a Step LF forward (3), kick RF forward (&), hook RF over L knee (a) 10.30
- 4&5 Cross RF over LF (4), step LF back (&), turn ½ R stepping RF forward (5) 4.30
- 6& Step LF forward (6), turn ½ R shifting weight to RF (&) 10.30
- 7-8 Turn another ½ R stepping LF back sweeping RF from front to back (7), step RF back sweeping LF from front to back (8) 4.30

#3 (17-24) L Back Rock & Recover, ¼ (R) with L Side, R Back, L Hitch & Forward Kick, L Forward Extend & Lean Back, L-R Forward Run, L Forward & R Hitch ⅛ (L), R Forward Rock & Recover

- 1-2&3 Rock LF back (1), recover weight on RF (2), turn ¼ R stepping LF to L side (&), step RF back (3) 7.30
- 4&5 Lift L knee beside RF (4), kick LF forward (&), lean back as you let your hair fall back while extending LF forward (5) 7.30
- 6&7 Run forward on LF and RF (6-&), step LF forward while making a ⅛ L with R knee lifted beside LF (7) 6.00
- 8& Rock RF forward (8), recover weight on LF (&) *** 6.00

Restart here on Wall 1 and Wall 3. Begin the dance again, both facing 6.00 o'clock.

#4 (25-32) ¼ (R) with R Basic Nightclub, L Side Rock & Recover, L Cross, R Behind Tap, R Back & L Sweep, L Behind, ¼ (R) with R Forward, L Forward Rock & Recover, ½ (L) with L Forward, R Hitch

- 1-2& Turn ¼ R stepping RF to R side (1), rock LF behind RF (2), recover weight on RF slightly crossing over LF (&) 9.00
- 3&4&5 Rock LF to L side (3), recover weight on RF (&), cross LF over RF (4), tap R toes behind LF (&), step RF back sweeping LF from front to back (5) 9.00
- 6&7& Cross LF behind RF (6), turn ¼ R stepping RF forward (&), rock LF forward (7), recover weight on RF (&) 12.00
- 8& Turn ½ L stepping LF forward (8), lift R knee beside LF (&) 6.00

Ending: On Wall 7, dance until count 6, then change to "Step LF to L side (&), step RF forward (7), turn ½ L shifting weight to LF" for a nice ending.

