

Sweet Lovin'

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Runa (DK) - May 2022
音樂: Bring It On Home to Me - Sam Cooke : (Album: Best of Sam Cooke - iTunes)



Intro: 16 count (start on the word "ever") Very Slow Rolling Rhythm

S1. (Rock, recover, ball-step) x 2 (R+L), cross, side and sway L, sway R+L making a ¼ turn L

1-2& Rock fwd on R, recover on L, step R beside L
3-4& Rock fwd on L, recover on R, step L beside R
5-6 Cross R over L, step L to L side and sway,
7-8 Step R to R side 1/8 turn L and sway(10:30), step L to L side 1/8 turn L and sway (9:00)

S2. Cross-rock, recover, ball-step ¼ turn R, fwd shuffle, walk, walk, rock, recover

1-2& Cross-rock R over L, recover on L, step R beside L ¼ turn R (12:00)
3&4 Step fwd on L, step R beside L, step fwd on L
5-6 Step fwd on R, step fwd on L
7-8 Rock fwd on R, recover on L

S3. Step-lock-step back, sweep behind, side, cross-shuffle, chassé

1&2 Step back on R, lock L in front of R, step back on R
3-4 Sweep L behind R, step R to R side
5&6 Cross L over R, step R to R side, cross L over R
7&8 Step R to R side, step L beside R, step R to R side

S4. Sweep behind x 2 (L+R), chassé ¼ turn L, fwd shuffle ½ turn L, reverse ½ pivot

1-2 Sweep L behind R, sweep R behind L
3&4 Step L to L side, step R beside L, step L to L side ¼ turn L (9:00)
5&6 Step fwd on R ¼ turn L, step L beside R, step R to R side ¼ turn L (3:00)
7-8 Touch L toes back, ½ turn L transferring weight onto LF (9:00)

ENDING: Last wall 6 starts facing 9:00.

Dance the first 5 counts. Now step L to L side ¼ turn R to face 12:00 and step R to R side to end the dance