

I Am Still (Your Sunshine Day)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Harry Heng (INA) - May 2022
音樂: Yo Sigo Siendo Cubano - Robert Armas y Los Conquistadores De La Salsa
或: Sunshine Day - Osibisa



Alternative Music: Sunshine Day By Osibisa

I : ROCKING CHAIR (R), WALK FORWARD (R-L), FORWARD LOCKED SHUFFLE (R)

1 - 2 Rock R Forward (1), Recover On L (2),
3 - 4 Rock R Back (3), Recover On L (4),
5 - 6 Walk Forward On R (5), Walk Forward On L (6),
7 & 8 Step R Forward (7), Lock L Behind R (&), Step R Forward (8)

II : ROCKING CHAIR (L), ROCK L FORWARD, PIVOT ¼ TURN R RECOVER ON R, CROSS SHUFFLE

1 - 2 Rock L Forward (1), Recover On R (2),
3 - 4 Rock L Back (3), Recover On R (4),
5 - 6 Rock L Forward (5), Turn ¼ R Recover On R (6),
7 & 8 Cross L Over R (7), Step R To R Side (&), Cross L Over R (8)

III : SIDE ROCK, RECOVER, WEAVE TO L, CROSS SHUFFLE

1 - 2 Rock R To R Side (1), Recover On L (2)
3 - 4 Cross R Over L (3), Step L To L Side(4)
5 - 6 Cross R Behind L (5), Step L To L Side (6),
7 & 8 Cross R Over L (7), Step L To L Side (&), Cross R Over L (8)

IV : SIDE ROCK, RECOVER, CROSS OVER, ¼ TURN L STEP BACK, ¼ TURN L STEP SIDE, CROSS OVER, SIDE CHASSE

1 - 2 Rock L To L Side (1), Recover On R (2),
3 - 4 Cross L Over R (3), ¼ Turn L Step R Back (4)
5 - 6 ¼ Turn L Step L To L Side (5), Cross R Over L (6)
7 & 8 Step L To L Side (7), Close R Beside L (&), Step L To Side (8)

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