

# Insecure

拍數: 32      牆數: 4      級數: Improver  
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音樂: Belle of the Boulevard - Dashboard Confessional



Intro: 32 counts

**Sec 1. WALK FORWARD R - L, TURN 1/2 RIGHT, WALK FORWARD L - R, ROCK RECOVER, STEP BACK**

1 – 2            Step forward on R, Step forward on L  
3 & 4            1/2 turn right sweep on R front to back step back on R (6.00), step L beside R, step forward on R  
5 – 6            Step forward on L, step forward on R  
7 & 8            Step forward on L, recover on R, step back on L sweep on R

**Sec 2. BACK, SWEEP, BEHIND SIDE CROSS, SIDE ROCK, 1/4 TURN RIGHT**

1 – 2            Step back on R sweep on L, step back on L sweep on R  
3 & 4            Cross R behind L, step L to side, cross R over L  
5 – 6            Step L to side, recover on R  
7 & 8            Cross L behind R, 1/4 turn right step forward on R (9.00), step forward on L

**Sec 3. PRESS, SLIDE BACK, CLOSE, FORWARD, 1/2 CHASE TURN LEFT, ANCHOR STEP**

1 – 2            Press R forward whilst slide back on L, step back on L  
3 – 4 & 5        Close R beside L, step forward on L, step forward on R, 1/2 turn left step L in place (3.00)  
6 – 7 & 8        Step forward on R, step L slightly behind R (3rd position), step R in place, step slightly back on L

**Sec 4. WALK FORWARD R - L, CROSS ROCK, SIDE, STEP BACKWARD w/ SWIVEL**

1 – 2            Step forward on R, step forward on L  
3 & 4 &        Cross R over L, recover on L, step R to side, recover on L  
5 – 6            Step back on R swivel on L, step back on L swivel on R  
7 – 8            Step back on R swivel on L, step back on L swivel on R

**TAG after wall 3 (4 counts): Sway R – L – R – L hitch on R**

**RESTART:**

(After 24 counts) on wall 1 – 4 – 7

(After 16 counts) on wall 9

Enjoy Dancing

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