

# Swing Cha

**COPPER KNOB**  
STEPPED

拍數: 16      牆數: 4      級數: Beginner  
編舞者: Kitty Russell (USA) - May 2022  
音樂: The Tide Is High - Atomic Kitten



Am I Right by Asleep at the Wheel (start at vocals)  
Bonaparte's Retreat by Glen Campbell (start at vocals; use option)  
Belle of Liverpool by Derek Ryan (start at vocals)  
Gimme A Ride to Heaven by Jim Morris (start at vocals)  
Hello My Name Is by Matthew West (start after "Hello my name is re" at "gret"; use option)  
Miles & Miles of Texas by Asleep at the Wheel (start at vocals; use option)  
Ring of Fire by Johnny Cash (start at vocals; use option)  
Rivers of Babylon by Boney M (start at "Babylon")  
That Don't Bother Me by Catherine Britt (start right away; use option)

(Start at vocals) right lead

## TRIPLE UP X2

1&2      Triple step R (1), L (&), R (2) forward  
3&4      Triple step L (3), R (&), L (4) forward

## ROCK UP, RECOVER TRIPLE ½ TURN RIGHT

5-6,7&8      Rock R forward (5), recover on L (6), triple R (7), L (&), R (8) in a turn ½ to right (6:00)

## ROCK UP, RECOVER, TRIPLE ½ TURN LEFT

1-2, 3&4      Rock L forward (1), recover on R (2), triple L (3), R (&), L (4) in a turn ½ to left (12:00)

## JAZZ BOX 1/4 RIGHT

5-8      Step R across L (5), step L back (6), step R to right turning 1/4 right (3:00) (7), step L (8)

Restart

Option: Add at end:

## ROCK BACK, RECOVER

1-2      Rock R back (1), recover on L (2)

or:

## JAZZ BOX IN PLACE

1-4      Step R across L (1), step L back (2), step R to right (3), step L (4)

Last Update: 30 May 2022