

It All Adds Up To Us

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Charlie Bowring (UK) & Susan Duncan (USA) - May 2022
音樂: It All Adds Up to Us - Trace Adkins : (Album: The Way I Wanna Go)



Intro: 16 counts (10 seconds)

SECTION 1: Prissy Walk x2, Point Right, Step Back, Point Left, Cross Left Over Right, ¼ Turn Left, Step Left To Left Side

1-2 Cross Right Forward Over Left, Cross Left Forward Over Right (With Attitude) 12:00
3-4 Point Right Toe To Right Side, Step Back On Right
5-6 Point Left Toe To Left Side, Cross Left Over Right
7-8 ¼ Turn Left Stepping Back On Right, Step Left To Left Side (Weight On Left) 9:00

SECTION 2: Triple ½ Turn Left, Step Back, Hook With Toe Touch, Step Forward Right, Step Forward Left, ½ Turn Right, Step Forward On Left (Chase Turn)

1&2 Step ¼ Turn Left On Right, Step Left Next To Right, Step Right Back ¼ Turn 3:00
3-4 Step Back On Left, Hook Right Over Left Touching Right Toe Across Left
5-6 Step Forward On Right, Step Forward On Left
7-8 ½ Turn Right (Weight On Right), Step Forward On Left 9:00

Restart On Wall 4 (Facing 3:00 After 16 Counts)

**Dance Up To And Including The Chase Turn (Count 16), Restart The Dance
(The Restart Begins On The Lyrics "Runway Model" With Prissy Walks) 12:00**

SECTION 3: ½ Turn Left, ¼ Turn Left, Cross Rock, Recover, Hip Sways, ¼ Triple Right (R,L,R)

1-2 ½ Turn Left Stepping Back On Right, ¼ Turn Left Stepping Left To Left Side 12:00
3-4 Cross Rock Right Over Left, Recover To Left (Weight On Left)
5-6 Sway Hips Right, Sway Hips Left
7&8 ¼ Turn To Right Stepping Forward On Right, Step Left Behind Right, Step Forward On Right 3:00

SECTION 4: Step Forward, ¼ Turn Right, Cross Shuffle, ¼ Turn Right Heel Grind , Coaster Step, Ball Step

1-2 Step Forward On Left, ¼ Turn Right On Right 6:00
3&4 Cross Left Over Right, Step Right To Right Side, Cross Left Over Right
5-6 Rock Forward On Right Heel Twisting Toes From L To R Making ¼ Turn Right, Recover On Left (9:00) 9:00
7&8& Step Back On Right, Step Left Next To Right, Step Forward On Right, Step On Ball Of Left (&) (Weight On Left)

Start Over

OPTIONAL ENDING Dance Ends On Wall 10 (Facing 6:00) Dance Counts 1-2 (Prissy Walks- Right, Left), Then Add ½ Turn Right, Walk Forward Left, Right Ending At Front 12:00

Our Sincere Thanks To Nad For Your Love And Support!