

Only You

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Advanced
編舞者: Hiroko Carlsson (AUS) - May 2022
音樂: Only You - Alesso & Sentinel : (Amazon / Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Dance will start right after lyrics" 'Cause I can't breathe")

[S1] Walk-Walk-1/2L Sweep, Behind-Side-Cross Rock-1/2R Sweep-Back-Together-

- 1 2 3 Step forward on R, Step forward on L, Make a 1/2 turn left stepping back on R/sweeping L around (6:00)
4& Step L behind R, Step R to the side
5 6 7 Rock/across L over R, Replace weight on R, Make a 1/2 turn right stepping back on L/sweeping R around (12:00)
8& Step back on R, Step L next to R

[S2] -Step-Pivot 1/2L-Fwd, 1 and 1/4 Turn Right into Basic NC, Side, Behind-Side-

- 1 2 3 Step forward on R, Make a 1/2 turn left recover weight on L, Step forward on R (6:00)
4& Make a 1/2 turn right stepping back on L, Make a 1/2 turn right stepping forward on R (6:00)
5 6& Make a 1/4 turn right stepping L to the side, Rock R behind L, Replace/cross L over R (9:00)
7 8& Step R to the side, Step L behind R, Step R to the side

[S3] -Cross Rock, 1/4L Shuffle Fwd w/ Hitch 1/4L, Cross Rock-1/4R, Fwd Rock-

- 1 2 Cross L over R, Replace weight on L
3&4 Make a 1/4 turn left shuffle forward on L-R-L (6:00)
& Hitch R knee making a 1/4 turn left on ball of L foot (3:00)
5 6& Rock/across R over L, Replace weight on L, Make a 1/4 turn right stepping forward on R (6:00)
7 8 Rock forward on L, Replace weight on R (prep for 1/2L turn)

[S4] -1/2L Shuffle Fwd, 1/4L Basic NC, Basic NC, Step-Pivot 1/2L

- 1&2 Making a 1/2 turn left shuffle forward on L-R-L (12:00)
3 4& Make a 1/4 turn left stepping R to the side, Rock L behind R, Replace/cross R over L (9:00)
5 6& Step L to the side, Rock R behind L, Replace/cross L over R
7 8 Step forward on R, Make a 1/2 turn left recover weight on L (9:00)

No tags or restarts

The dance finishes at the front. Walk forward on R-L.

(updated: 25/May/22)
