

Let the Good Times Roll

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Improver
編舞者: Karen McMillan Clark (USA) - May 2022
音樂: Hell Yeah - Little Big Town



Alt. music:-

Good Times Roll (Jimmie Allen and Nelly)

Freedom Was a Highway (Jimmie Allen and Brad Paisley) and more!

No Tags or Restarts

*A Beginner Option Provided

Start with weight on L

S1 (1-8) Right Lead - Toe, Turn, Weight Shift, Coaster, Side Mambo

- 1-2 Tap R toe to R side while turning R knee to L. Turn R knee ¼ to R while also snapping your torso and head to R (3:00)
- 3-4 Step R forward (facing 3:00) while leaning forward and bending R knee slightly. Shift weight back on to L and stand erect; both knees straight
- 5&6 Coaster Step RLR (R Step back L step back together with right foot, R step forward.)
- 7-8 L Side Mambo (Step L to L side putting weight on your left foot. Rock back on R foot)

S2 (9-16) Right Lead - Syncopated Side-to-Side Rock Steps R then L. Sailor Turn ¼, Hip. Bumps

- &1, 2 R Rocking Mambo: (&) Step L beside R. (1) Step R to R side slight sway of hips to R. (2) Rock back to center stepping on L
- &3, 4 L Rocking Mambo: (&) Step R beside L. (1) Step L to L side slight sway of hips to L. (2) Rock back to center stepping on R.
- 5&6 Sailor Turn ¼ to L back to 12:00. LRL
- 7&8 Hip Bumps: (7) Step R toe forward bump hips R. (&) Step in place on L, bump hips L. Step R, bump hips R

S3 (17-24) Left Lead - Toe, Turn, Weight Shift, Coaster, Side Mambo

- 1-2 Tap L toe to L side while turning L knee to R. Turn L knee ¼ to L while also snapping your torso and head to L (9:00)
- 3-4 Step L forward (facing 9:00) while leaning forward and bending L knee slightly. Shift weight back on to R and stand erect; both knees straight
- 5&6 Coaster Step LRL (L Step back R step back together with right foot, L step forward.)
- 7-8 R Side Mambo (Step R to R side putting weight on your R foot. Rock back on L foot)

S4 (25-32) Left Lead - Syncopated Side-to-Side Rock Steps L then R. Sailor Turn ¼, Hip. Bumps

- &1, 2 L Rocking Mambo: (&) Step R beside L. (1) Step L to L side slight sway of hips to L. (2) Rock back to center stepping on R
- &3, 4 R Rocking Mambo: (&) Step L beside R. (1) Step R to R side slight sway of hips to R. (2) Rock back to center stepping on L.
- 5&6 Sailor Turn ¼ to R back to 12:00. RLR
- 7&8 Hip Bumps: (7) Step L toe forward bump hips L. (&) Step in place on R, bump hips R. Step L, bump hips L.

S5 (33-40) Right Lead Lock Step, Shuffle, L Lock Step, Shuffle

- 1-2 R Lock Step: Step forward R. Lock L behind R. Step forward R.
- 3&4 Shuffle forward RLR
- 5-6 L Lock Step: Step forward L. Lock R behind L. Step forward R.
- 7&8 Shuffle forward LRL

S6 (41-48) Right Lead Rock Recover, Shuffle Back Turning ½, Shuffle Back Turning ½, R Step ¼ to R (3:00), Touch L Beside R

{BEGINNER OPTION: Right Lead - Forward Rock Recover RL, Shuffle Back RLR (no turning), Shuffle Back LRL (no turning), Step R turning ¼ to R (3:00), Touch L Beside R}

1-2 Rock Forward, Recover RL: step forward R, step back on L

3&4 Shuffle Back RLR, turning R ½

5&6 Shuffle Back LRL, turning R ½

7-8 Step R turning ¼ to R (3:00). Step L beside R

S7 (49-56) Left Lead Lock Step, Shuffle, R Lock Step, Shuffle

1-2 L Lock Step: Step forward L. Lock R behind L. Step forward L.

3&4 Shuffle forward LRL.

5-6 R Lock Step: Step forward R. Lock L behind R. Step forward L.

7&8 Shuffle forward RLR.

S8 (57-60) Left Lead Rock Recover, Shuffle Back Turning ½ (9:00), Shuffle Forward, R Step Forward, Touch R Beside L

{BEGINNER OPTION: Left Lead - Forward Rock Recover LR, Shuffle Back RLR (no turning), Shuffle Back LRL (no turning), Step L turning ½ to L (9:00), Touch R Beside L}

1-2 Rock Forward, Recover LR: step forward L, step back on R.

3&4 Shuffle Back LRL, turning L ½

5&6 Shuffle Forward RLR (no turn)

7-8 Step Forward L. Step R beside L

REPEAT

Choreographer's Note:

Because of a YouTube Copyright regulation I could not post a demo of me dancing to the song, "Good Times Roll" by Jimmie Allen and Nelly.

Last Update 9 June 2022
