Lot of Leaving

級數: High Beginner

編舞者: Sandy Carty Hodges (USA) - August 2021

音樂: Lot of Leavin' Left to Do - Dierks Bentley

牆數:2

Intro count: 24 -- No tags, no restarts

[1-8]: STEP FORWARD, HEAL TAPS, EACH SIDE.

- 1-4 Step forward on right foot and tap right heel 3 times.
- 5-8 Step forward on left foot and tap left heel 3 times. (12:00)

[1-8]: CROSS STEP POINT, RIGHT AND LEFT SIDE, RIGHT JAZZ WITH ¼ TURN RIGHT

- 1-4 Step right foot across left and point left toe to left side, step left foot across right foot and point right toe to right side.
- 5-8 Do a right Jazz Box as you make a ¼ turn to the right. (3:00)

[1-8]: SHUFFLE STEP FORWARD, ROCK RECOVER, SHUFFLE STEP BACK ,ROCK RECOVER.

- 1-4 Shuffle forward R,L,R, Rock forward on left, recover on right.
- 5-8 Shuffle back L,R,L, rock back on right , recover on left. (3:00)

[1-8]: CROSS, STEP, CROSS, KICK LEFT, CROSS, STEP CROSS, RIGHT KICK.

- 1-4 Step right across left, step on left, step right across left, and kick left foot out,
- 5-8 Step left foot across right, step on right, step left across right and kick right foot out. (3:00)

[1-8]: STEP, KICK, CLAP, STEP, KICK, CLAP, RIGHT JAZZ 1/4 TURN RIGHT.

- 1-4 Step back on right foot and kick left foot forward and clap, step back on left and kick out right foot and clap.
- 5-8 Do a right Jazz Box as you make a 1/4 turn to the right. (6:00)

EOD: Start again. Smile and Enjoy!! (Contact: sandyutah82@gmail.com)





拍數: 40