

It's A Heartache

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Kim Eun Jung Cona (KOR) - May 2022
音樂: It's a Heartache - Bonnie Tyler



****2 Restarts / No Tag**

Start with the lyric " heartache ~ ".

EASY OPTION: No Turn !!

S1. FWD X2, FWD SHUFFLE, FWD ROCK-REC, BACK SHUFFLE (From Wall 2, start next wall by 1/2 turning to R)

1 , 2 Step RF fwd, Step LF fwd
3&,4 Step RF fwd, Step LF next to RF, Step RF fwd
5 , 6 Rock LF fwd, Recover on RF
7&,8 Step LF back, Step RF next to LF, Step LF back

S2. SIDE ROCK-REC, WEAVE, SIDE ROCK-REC, BEHIND, 1/4 R FWD

1 , 2 Rock RF side to R, Recover on LF
3&,4 Step RF cross behind LF, Step LF side to L, Step RF cross over LF
5 , 6 Rock LF side , Recover on RF
7 , 8 Step LF cross behind RF, 1/4 Turn to R and step RF fwd

* RESTART : On Wall 5 & Wall 10, dance up to S2. and restart. There is a step change in S2.(8)

*S2. (8&) 1/4 Turn to R and step RF fwd (8)Step LF close to RF (&)

S3. 1/4 R PIVOT, CROSS SHUFFLE, 1/4 L BACK, 1/4 L SIDE, CROSS SHUFFLE

1 , 2 Step LF fwd, 1/4 Turn to R and weight change on RF
3&,4 Step LF cross over RF, Step RF beside LF, Step LF cross over RF
5 , 6 1/4 Turn to L and step RF back, 1/4 Turn to L and step LF side to L,
7&,8 Step RF cross over LF, Step LF beside RF, Step RF cross over LF (weight on RF)

S4. FWD TOUCH, SIDE TOUCH, 1/4 L COASTER, FWD ROCK-REC, 1/2 R FWD, 1/2 R BACK

1 , 2 Touch LF toe fwd, Touch LF toe side to L
3&,4 1/4 Turn to L and step LF behind RF, Step RF next to LF, Step LF fwd
5 , 6 Rock RF fwd, Recover on LF
7 , 8 1/2 Turn to R and step RF fwd, 1/2 Turn to R and step LF back

* From Wall 2, start next wall by 1/2 turning to R

* EASY OPTION : You do step change in S4.(8). Start next wall no turn. S4. (8) Step LF fwd

Thank you very much~!! Happy dancing~!!

Kim Eun Jung Cona : d1208ljh@gmail.com

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