

Premonition

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Laura Robinson Barbier (USA) - May 2022
音樂: All Night - Brothers Osborne



Intro: 16 Beats in

[1-8] Kick ball changes, rock, recover, behind side cross

1&2 Kick right forward, step right next to left, step left forward
3&4 Kick right forward, step right next to left, step left forward
5,6 Rock side right, recover weight to the left
7&8 Right Behind left, left side, right in front of left (RLR)

[9-16] Kick ball changes, rock, recover, behind side cross

1&2 Kick left forward, step left next to right, step right forward,
3&4 Kick left forward, step left next to right, step right forward,
5,6 Rock left side, recover weight to left
7&8 Left behind Right, Right side, Left over Right

[17-24] Heel Grinds and coaster steps

1,2 Right heel forward, toe pointed in, turn outward
3&4 Step back right, step back left, step forward, right (RLR)
5,6 Left heel forward, toe pointed in, turn outward
7&8 Step back left, step back right, step forward right (RLR)

[25-32] Kick ball touches, ¼ turn, stomp, stomp

1&2 Kick right forward, step right next to left, touch right next to left
3&4 Kick left forward, step left next to right, touch left next to right
5,6 Step forward right, ¼ Pivot turn Left
7,8 Stomp right, stomp left

[33-40] Rock, Recover, Crossing Shuffles

1,2 Rock right to the side, recover weight left
3&4 Cross right over left, step left next to right, cross left over right
5,6 Rock left to the side, recover weight right,
7&8 Cross left over right, step right next to left, cross left over right

[41-48] ½ turn right Montereys

1-2 Touch right toe to right side, turn ½ right stepping right next to left
3&4 Touch left toe to left side, step lift next to right
5-6 Touch right toe to right side, turn ½ right stepping right next to left
7&8 Touch left toe to left side, step lift next to right

Last Update: 24 May 2022