

Solo Para Ti

拍數: 32 牆數: 4 級數: Beginner
編舞者: Francisca Pons Estelrich (ES) - May 2022
音樂: Solo Para Ti - Alvaro Soler & Topic



INTRO: 16 COUNTS

(1 – 8) DIAGONAL FORWARD STEP & TOUCH (X2) – LOCK SHUFFLE FORWARD – 1/2 STEP TURN

- 1 – 2 – RF diagonal forward, touch LF side L
- 3 - 4 – LF diagonal forward, touch RF side R
- 5 & 6 – RF step forward, lock LF behind RF, RF step forward
- 7 - 8 – make 1/2 turn LF stepping forward on R

(9 – 16) DIAGONAL FORWARD STEP & TOUCH (X2) – LOCK SHUFFLE FORWARD – 1/4 STEP TURN

- 1 – 2 – LF diagonal forward, touch RF side R
- 3 - 4 – RF diagonal forward, touch LF side L
- 5 & 6 – LF step forward, lock RF behind LF, LF step forward
- 7 - 8 – make 1/4 turn RF stepping forward on L

RESTART: AFTER 16 COUNTS WALL 3

(17 – 24) JAZZ BOX – KICK BALL CHANGE (X2)

- 1 – 2 – RF cross in front LF, LF step back
- 3 – 4 – RF step R, LF step forward
- 5 & 6 – RF kick forward, RF step in place near LF, LF step in place
- 7 & 8 – RF kick forward, RF step in place near LF, LF step in place

(25 – 32) OUT – OUT – IN – IN – PIVOT 1/4 TO L (X2)

- 1 - 2 – RF step forward and out on R, LF step forward and out on L
- 3 - 4 – RF step back to center, LF step next to RF
- 5 – 6 – RF step forward, turn 1/4 to L changing weigh on LF
- 7 - 8 – RF step forward, turn 1/4 to L changing weigh on LF

START AGAIN

DANCE IS THE HIDDEN LANGUAGE OF THE SOUL
