

You and Me

拍數: 32 牆數: 2 級數: Novice
編舞者: Serge Fournier (FR) & Marie-Odile Jélinek (FR) - April 2022
音樂: You and Me - Jessie Campbell



Dance Starts at Lyrics

Sequences : 32 - 32 / 16 Restart/32-32/16 Restart-32-32

Sequences : 12h-12h/ 12h-6h / 6h-6h / 6h-12h /12h-12h

Hold on LF

[1to8] STEP RIGHT FWD-POINT LEFT TOES BEHIND-HOLD-STEP LEFT BACK-STEPS RIGHT BACK-HOOK-TRIPLE STEP FWD-STEP TURN

1&2 RF forward, Point LF behind RF(&), Hold
(R Handon hat, bodyfacing to the L slightly (&), L Handon the back of the body)
3&4 Put LF behind, RF behind, (&) Hook LF in front of R Leg
(L Handon hat, body facing to the R slightly&
5&6 LF forward, assemble RF next toLF (&) LF forward
7-8 RF forward, Pivot ½ Turn to the L (6h)

[9to16] R .HEEL GRIND WITH 1/4 TURN R - L.HEEL GRIND WITH 1/4 TURN L-SYNCOPATED MAMBO BACK- R.MAMBO

1-2 H.L: Heel R 1/4 Turn to the R, LF next to RF (Diagonal forward R) (9h00)
&3-4 Bring back RF next to LF, H.L: HeelL 1/4 Turn to the L, Return on RF (6h00)
5&6 Rock back LF, Return on RF forward, LF next to RF
7&8 RF to the R, Return on BW.L, RF next to LF (finish on Touch RF next to LF)

[17to24] KICK KICK - SAILOR STEP RIGHT – KICK KICK - SAILOR STEP LEFT

1-2 Kick RF forward, kick RF Diagonal forward R
3&4 Cross RF behind LF , LF to the right and not RF next to LF
5-6 Kick L Forward, kick LF Diagonal forward left
7&8 Cross LF behind RF , RF to the Right and LF next to RF

[25to32] KICK BALL STEP (TWICE)-1/2 TURN SIDE RIGHT STEP-MAMBO

1&2 Kick RF forward, RF next to LF, LF next to RF
3&4 Idem : do section 1&2 again
5-6 RF forward, ½ Turn to the L (BW on LF)
7&8 RF to the R, Return on LF, RF next to LF (finish on Touch RF next to LF)

Here → on 6th Wall : The dance will end on the 12h wall

On Section 4 :

Dance the 6 first times of this section (we will beat hand 32 counts)

1&2 3&4 Kick ball step (Twice) (6h)

5-6 Step 1/2 Turn to theL(12h)

7-8 RF forward, LF Tap next to RF - (End with : R. Hand on Hat)