

# You and Me

拍數: 32      牆數: 2      級數: Novice  
編舞者: Serge Fournier (FR) & Marie-Odile Jélinek (FR) - April 2022  
音樂: You and Me - Jessie Campbell



## Dance Starts at Lyrics

Sequences : 32 - 32 / 16 Restart/32-32/16 Restart-32-32

Sequences : 12h-12h/ 12h-6h / 6h-6h / 6h-12h /12h-12h

## Hold on LF

### [1to8] STEP RIGHT FWD-POINT LEFT TOES BEHIND-HOLD-STEP LEFT BACK-STEPS RIGHT BACK-HOOK-TRIPLE STEP FWD-STEP TURN

1&2            RF forward, Point LF behind RF(&), Hold  
(R Handon hat, bodyfacing to the L slightly (&), L Handon the back of the body)  
3&4            Put LF behind, RF behind, (&) Hook LF in front of R Leg  
(L Handon hat, body facing to the R slightly&  
5&6            LF forward, assemble RF next toLF (&) LF forward  
7-8            RF forward, Pivot ½ Turn to the L (6h)

### [9to16] R .HEEL GRIND WITH 1/4 TURN R - L.HEEL GRIND WITH 1/4 TURN L-SYNCOPATED MAMBO BACK- R.MAMBO

1-2            H.L: Heel R 1/4 Turn to the R, LF next to RF (Diagonal forward R) (9h00)  
&3-4          Bring back RF next to LF, H.L: HeelL 1/4 Turn to the L, Return on RF ( 6h00)  
5&6            Rock back LF, Return on RF forward, LF next to RF  
7&8            RF to the R, Return on BW.L, RF next to LF ( finish on Touch RF next to LF )

### [17to24] KICK KICK - SAILOR STEP RIGHT – KICK KICK - SAILOR STEP LEFT

1-2            Kick RF forward, kick RF Diagonal forward R  
3&4            Cross RF behind LF , LF to the right and not RF next to LF  
5-6            Kick L Forward, kick LF Diagonal forward left  
7&8            Cross LF behind RF , RF to the Right and LF next to RF

### [25to32] KICK BALL STEP (TWICE)-1/2 TURN SIDE RIGHT STEP-MAMBO

1&2            Kick RF forward, RF next to LF, LF next to RF  
3&4            Idem : do section 1&2 again  
5-6            RF forward, ½ Turn to the L (BW on LF)  
7&8            RF to the R, Return on LF, RF next to LF ( finish on Touch RF next to LF )

Here → on 6th Wall : The dance will end on the 12h wall

On Section 4 :

Dance the 6 first times of this section (we will beat hand 32 counts)

1&2 3&4 Kick ball step ( Twice ) (6h)

5-6            Step 1/2 Turn to theL(12h)

7-8            RF forward, LF Tap next to RF - (End with : R. Hand on Hat)