

# Cut Loose

拍數: 64      牆數: 4      級數: Improver  
編舞者: Tina Argyle (UK) - May 2022  
音樂: Cut Me Loose - The Shires : (iTunes)



Count in:- 16 counts from start of track – approx 9 seconds in

## Walk, Walk, Step Lock Step, Step, ½ Pivot, Shuffle

1-2            Step right forward, Step left forward  
3&4           Step right forward, Lock left behind right, Step forward on right  
5-6           Step forward on left, ½ turn right onto right  
7&8           Step forward on left, Close right at side, Step forward on left

\*\*\* Tag here during wall 3 see note at bottom of script \*\*\*

## Walk, Walk, Step Lock Step, Rock, Recover, ¼ Turn. Brush

1-2            Step right forward, Step left forward  
3&4           Step right forward, Lock left behind right, Step forward on right  
5-6           Rock forward on left, Recover onto right  
7-8           ¼ turn left onto left, Brush right

## Jazz Cross, Rock, Recover, Cross, Side

1-2            Cross right over left, Step back on left  
3-4            Step right to side, Cross left over right  
5-6            Rock out on right, Recover onto left  
7-8            Cross right over left, Step left to left side

## Behind, ¼, Step ½, Diagonal Step Drag Tap, Step Drag Tap

1-2            Cross right behind, ¼ turn left onto left  
3-4            Step forward on right, ½ pivot onto left  
5-6            Step right to right diagonal, Slide left and tap left at side  
7-8            Step left to left diagonal, Slide right and tap right at side

## Rocking Chair, Chasse, Rock, Recover

1-2            Rock forward on right, Recover onto left  
3-4            Rock back on right, Recover onto left  
5&6           Step right to side, Close left at side, Step right to side  
7-8            Rock back on left, Recover onto right

## Kick, Ball, Cross, Kick, Ball, Cross, Chasse, Rock, Recover

1&2           Kick left forward, Step on left, Cross right over left  
3&4           Kick left forward, Step on left, Cross right over left  
5&6           Step left to side, Close right at side, Step left to side  
7-8            Rock back on right, Recover onto left

## Rock, Recover, Shuffle ½, Rock, Recover, Coaster Step

1-2            Rock forward on right, Recover onto left  
3&4           ¼ turn right stepping on right, Close left at side, ¼ turn right stepping forward on right  
5-6           Rock forward on left, Recover onto right  
7&8           Step back on left, Step right at side, Step forward on left

## Rock, Recover, Triple ¾, Rock, Recover, Step, Tap

1-2            Rock forward on right, Recover onto left  
3&4           ½ turn right onto right, Close left at side, ¼ right stepping forward right

5-6 Rock forward on left, Recover onto right  
7-8 Step back left, Tap right at side of left

**TAG: During Wall 3 after 8 counts add the following 8 count tag facing 12 o'clock, then re start the dance**

1-4 Rock forward on right, Recover onto left, Rock back on right, Recover onto left  
5-8 Step forward right,  $\frac{1}{2}$  pivot turn onto left, Step forward right,  $\frac{1}{2}$  pivot turn onto left

**Last Update: 20 May 2022**

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