

# Come on and Jump

**COPPER** KNOB  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Mark Paulino (USA) - 15 May 2022  
音樂: Jump (feat. Nelly Furtado) - Flo Rida



**Starts: 32 counts**

## [1 – 8] SIDE, BEHIND, HEEL SWITCHES, SIDE, BEHIND, HEEL SWITCHES

1 2            R side step, L cross behind with  $\frac{1}{8}$  turn L 10:30  
&3&4&        R steps besides L, L heel touch forward, L steps besides R, R heel touch forward, R step besides L  
5 6            L side step with  $\frac{1}{8}$  turn R, R cross behind L with  $\frac{1}{8}$  turn R 1:30  
&7&8&        L steps besides R, R heel touch forward, R steps besides L, L heel touch forward, L step besides R

## [9 – 16] ROCKING CHAIR, TURNING STEP HITCHES

1 2            R rock forward, recover back on L  
3 4            R rock back, recover forward on L  
5 6            R step forward, L Hitch with  $\frac{3}{8}$  turn L 9:00  
7 8             $\frac{1}{4}$  turn L with L side step, R hitch forward (anticipating crossing over) 6:00

## [17 – 24] CROSS ROCK/RECOVER, SIDE SHUFFLE $\frac{1}{4}$ TURN, PIVOT TURN, SHUFFLE FORWARD

1 2            R cross rock over L, recover on L  
3 & 4          R side step, L steps besides R,  $\frac{1}{4}$  turn R with R stepping forward 9:00  
5 6            L steps forward, weight shift from L to R with a  $\frac{1}{2}$  turn R 3:00  
7 & 8          L steps forward, R steps besides L, L steps forward

## [25 – 32] SIDE STEP/CLAP, SIDE STEP/CLAP CLAP, HOP, HOP CROSS, $\frac{1}{2}$ BOUNCING UNWIND

1 2            R side step, clap  
3&4          L side step, clap twice  
5 6            Hop in place, hop crossing R over L  
7 8             $\frac{1}{2}$  turn L unwind with 2 heel bounces on both feet 9:00

**Tag/restart is on the 9th wall, facing 12 o'clock**

## [1 – 8] SIDE, BEHIND, HEEL SWITCHES, SIDE BEHIND, HEEL SWITCHES

1 2            R side step, L cross behind with  $\frac{1}{8}$  turn L 10:30  
&3&4&        R steps besides L, L heel touch forward, L steps besides R, R heel touch forward, R step besides L  
5 6            L side step with  $\frac{1}{8}$  turn R, R cross behind L with  $\frac{1}{8}$  turn R 1:30  
&7&8&        L steps besides R, R heel touch forward, R steps besides L, L heel touch forward, L step besides R

## [9-16] SIDE STEP/HOLD, SIDE STEP/HOLD, HOP, HOP CROSS, $\frac{1}{2}$ BOUNCING UNWIND

1 2             $\frac{1}{8}$  turn L with R side step, clap 12:00  
3&4          L side step, clap twice  
5 6            Hop in place, hop crossing R over L  
7 8             $\frac{1}{2}$  turn L unwind with 2 heel bounces on both feet 6:00

Email: [thefinlinedance@gmail.com](mailto:thefinlinedance@gmail.com)

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