

My Town, My Style

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Advance
編舞者: Mark Paulino (USA) - 16 May 2022
音樂: My Town - Demun Jones



Starts: 16 counts

[1 - 8] SIDE TOUCH, HITCH ¼ TURN, BACK TOUCH, HITCH, CROSS OVER, HITCH CROSS OVER, SIDE TOUCH, TOGETHER, HEEL SWIVEL, SYNCOPATED WEAVE

1&2& R side touch, ¼ turn clockwise with R hitch forward, R back touch, R hitch forward 3:00
3&4 R cross over L, L hitch forward, L cross over R
5&6& R side touch, R touch besides L, both feet heel swivel towards R, return to center
7&8& R side step, L cross behind R, R side step, L cross over R

[9 - 16] MONTEREY 1/2 TURN, SIDE ROCK RECOVER CROSS, ¼ TURN CHUG, STEP TOGETHER

1 2 R side point, R step besides L with a 1/2 turn clockwise
3&4 L side rock, recover onto R, L cross over R
5&6& R side press, recover onto L, 1/8 turn counter clockwise R side press, recover onto L
7&8 1/8 turn counter clockwise R side press, recover onto L, R steps besides L

[17 - 24] HEEL JACK HOP BACK X4, CROSS ROCK RECOVER, HEEL JACK, RECOVER, CROSS OVER AND HEEL, STEP TOGETHER

1& R heel touch diagonal forward as L steps back to the side, hop both feet together
2& L heel touch diagonal forward as R steps back to the side, hop both feet together
3& R heel touch diagonal forward as L steps back to the side, hop both feet together
4& L heel touch diagonal forward as R steps back to the side, hop both feet together
5&6& R cross rock over L, recover back on L, R back to the side as L heel touch diagonally forward, L steps besides R
7&8& R cross over L, L steps back to the L, R heel touch forward to the R, R steps besides L

[25 - 32] CROSS OVER ¼ TURN HEEL GRIND, COASTER STEP, 1/4 TURN SIDE STEP WITH TWO HIP BUMPS, 1/4 TIRM SODE STEP WITH TWO HIP BUMPS

1 2 L heel touch cross over R, weight shift onto L heel as you heel grind ¼ turn counter clockwise while R steps back 3:00
3&4 L steps back, R steps besides L, L steps forward
5&6 1/4 turn counter clockwise with R side step and R hip bump, recover onto L, R hip bump
7&8& 1/4 turn counter clockwise with L side step and L hip bump, recover onto R, L hip bump, 1/2 turn counter clockwise with R hitch up

Restarts after 16 counts on wall 6 (facing 9:00 at the end of the 16 count)

Alternative steps

[17 - 24] HEEL GRIND STEP BACK X4, BALL CROSS ROCK RECOVER, HEEL JACK, RECOVER, CROSS OVER AND HEEL JACK, STEP TOGETHER

1 2 L step back to the side as you heel grind with R, R step back to the side as you heel grind with L
3 4 L step back to the side as you heel grind with R, R step back to the side as you heel grind with L
&5&6& L steps besides R, R cross rock over L, recover back on L, R back to the side as L heel touch diagonally forward, L steps besides R
7&8& R cross over L, L steps back to the L, R heel touch forward to the R, R steps besides L

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Last Update: 9 Mar 2024
