

Run Di Road

COPPERKNOB
STYPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Fiona Murray (IRE) & Roy Hadisubroto (IRE) - January 2022
音樂: Run Di Road - HoodCelebrity



Intro: 16 count intro from start of music. Start with weight on L foot

[1 - 8] R Side Touch, L Side Touch, Slide with Drag, Hitch Slap Clap, Side Rock Recover, Chasse

- 1 & 2 & Step R to R side (1), Touch L next to R (&), Step L to L side (2), Touch R next to L (&) 12:00
3 - 4 & Big step R while dragging L (3), Hitch L and slap L knee with both hands (4), Clap hands while keeping L hitched (&) 12:00
5 - 6 Rock L to L side (5), Recover on R (6) 12:00
7 & 8 Step L to L side (7), Close R next to L (&) Step L to L side (8) 12:00

[9 - 16] Heel Switches RLR, Ball Cross Side, Heel Switches LRL, Ball Cross Side

- 1 & 2 & Touch R heel forward (1), Close R next to L (&), Touch L heel forward (2), Close L next to R (&) 12:00
3 & 4 & Touch R heel forward (3), Close R next to L (&), Cross L over R (4), Step R to R side (&) 12:00
5 & 6 & Touch L heel forward (5), Close L next to R (&), Touch R heel forward (6), Close R next to L (&) 12:00
7 & 8 & Touch L heel forward (7), Close L next to R (&), Cross R over L (8), Step L to L side (&) 12:00

[17 - 24] Stomp, Recover ¼ Turn L, Flick Step, Flick Step, Hitch Clap, Rock Recover x2

- 1 - 2 Stomp R forward (1), Recover on L while making ¼ Turn L (2) 9:00
& 3 & 4 & Flick R heel to R side (&), Step R forward (3), Flick L heel to L side (&), Step L forward (4), Hitch R and Clap 9:00

Fun styling: You can slap the outside of your heels when flicking

- 5 - 6 Rock R forward (5), Recover on L (6) 9:00
7 - 8 Rock R forward (7), Recover on L (8) 9:00

Fun styling You can bend down and slap the floor with your left hand instead of clapping (&), Slowly bring body up while raising both arms up and out in front of body while doing the rock recover x2 (5 – 8)

[25 - 32] ¼ Turn L, Heel Swivels LRL, Side Cross, Side, R Press, Swivel R Heel, Toe, Heel, Hitch

- 1 & 2 & ¼ Turn L Step R to R side (1), Swivel L heel towards R (&), Swivel L heel back to centre and transfer weight to L (2), Swivel R heel towards L (&) 6:00
3 & 4 Swivel R heel back to centre and transfer weight to R (3), Swivel L heel towards R (&), Swivel L heel back to centre and transfer weight to L (4), 6:00
& 5 - 6 Cross R over L (&), Step L to L side (5), Press ball of R to R side (6) 6:00
Fun styling: Make a small jump L into a criss-cross with R over L (&), make a small jump L out of the criss-cross bringing L to L side (5)
7 & 8 & Swivel R heel towards L (7), Swivel R toe towards L (&), Swivel R heel towards L (8), Hitch R knee (&) 6:00

START AGAIN AND HAVE FUNNNN

DARE TO BE UNIQUE