

# Work Harder

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Fred Whitehouse (IRE) - April 2022  
音樂: Work Harder - Adele Roberts, James Oliver Hutchinson & Andrea Christina Obeid



Intro: 16 Counts, Start at approx 8 secs

## SEC 1: Grapevine, Cross, Side Rock, Weave, 1/8 Step

1-2            Step right to right, step left behind right  
3-4            Step right to right, cross left over right  
5&            Rock right to right, recover weight onto left  
6&7          Cross right over left, step left to left, step right behind left bending both knees  
8              Turn 1/8 left step left forward (10:30)

## SEC 2: Rock, Side Rock, Back Sweep, Back 1/8 Sweep, Back Sit, Recover

1-2            Rock right forward, recover weight onto left  
3-4            Rock right to right, recover weight onto left  
5              Step right back sweeping left from front to back  
6              Step left back turn 1/8 right sweeping right from front to back (12:00)  
7-8          Step right back sitting into right hip, recover weight onto left

Restart Here on Wall 2

## SEC 3: Scuff, Out Out, Knee In Out, Samba Step, Cross, 1/4 Back, Back

1&2            Scuff right forward, step right to right, step left to left  
3-4            Twist right knee in, twist right knee out transferring weight onto right  
5&6          Cross left over right, rock right to right, recover weight onto left  
7&8          Cross right over left, turn 1/4 right step left back, step right back (3:00)

## SEC 4: Back, Back, Coaster Step, Hip Bump 1/2 Turn, Hip Bump 1/2 Turn

1              Step left back grinding right heel twisting right toe to right  
2              Step right back grinding left heel twisting left toe to left  
3&4          Step left back, step right beside left, step left forward  
5&6          Turn 1/4 left point right to right bumping hips to right, bump hips to left, turn 1/4 left bump hips back transferring weight onto right (9:00)  
7&8          Turn 1/4 left point left to left bumping hips to left, bump hips to right, turn 1/4 left bump hips forward transferring weight onto left (3:00)