Legends Never Die



拍數: 52 牆數: 1 級數: Phrased Advanced

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音樂: LEGENDS - YA'BOYZ



Intro: 16 counts

Phrased: A - A - B - A - A - B - A - Tag 1 - A - B - Tag 2 - A (ending)

Tag 1: 1-2: R Hitch in a slow motion pretending to run fwd

Tag 2: 1-8: Raise your R index pointed up (1-2-3-4), Drag R next to L as you make a R hand fist and bring it

back down close to your chest (5-6-7-8)

Part A: 16c

[1 – 8] Step & Sweep, Mambo Step, Side Rock, Step & ¼ turn Sweep, ½ Tic Tac Turn, Rock Step

Step R fwd and sweep L from back to front (1), 12:00

Step L fwd (2), Recover on R (&), Step L back (3) 12:00

Step R to R (4), Recover on L (&), Step R fwd and sweep L from back to front turning ¼ R

3:00

Step L fwd (6), Make ¼ turn R turning R heel in (&), Make ¼ turn R turning L heel back 9:00

8& Step R fwd (8), Recover on L (&) 9:00

[9 – 16] Running Man, Step ¼ turn, Step & Sweep, Rock Step, Pony Steps, Walk x2, Pony Steps, Rock Back

1 Step R fwd with a kind of L flick looking like a run (1) 9:00

2&3 Step L fwd (2), Make ¼ turn R stepping on R (&), Step L fwd and sweep R from back to front

(3) 12:00

4& Step R fwd (4), Recover on L (&) 12:00

5&a Step R back and pop L knee up (5), Step L next to R (&), Step R back a,d pop L knee up (a)

12:00

6& Step L back (6), Step R back (&) 12:00

7&a Step L back and pop R knee up (7), Step R next to L (&), Step L back and pop R knee up (a)

12:00

8& Step R back (8), Recover on L (&) 12:00

Part B: 36c

[1 – 8] Running Man x2, Step with L arm up, Arms Switch ½ turn, Hitch with Claps

1-2 Step R fwd (1), Keep moving on R as you pretend to run in a slow motion and bring L arm up

in front of your chest with the elbow bended (2) 12:00

3-4 Step L fwd (3), Keep moving on L as you pretend to run in a slow motion and bring R arm up

in front of your chest with the elbow bended (4) 12:00

5-6 Step R fwd as you raise L arm up above your head with a fisted hand (5), Switch R arm up

above your head with a fisted hand as you bring back down L arm (6) 12:00

7-8& Make ½ turn L stepping on L (7), Hitch R knee and tap R leg with R hand (8), Tap R leg with

L hand (&) 6:00

[9 – 16] Step Down with Arm Up, Slow ½ turn, Side Step and Cross Arms, Squat

1-2 Step R fwd as you raise L arm up above your head with a fisted hand (1), Bend R knee and

start doing ½ turn L 6:00

3-4-5-6 Keep doing the half turn L (3-4-5) finishing the half turn stepping on L (6) 12:00

7-8 Step R to R as you raise R arm to cross over L arm above your head (7), Bend both knees to

make a squat movement as you bring back both hands on knees (8) 12:00

[17 - 24] Waves Up x2, Runs Back x4

1-2	Get up half way with a body wave to R (1-2) 12:00
3-4	Get up to the top with a body wave to L (3-4) 12:00

5-6 Step R back (5), Step L back (6) 12:00

7-8	0, 0, 1,/3	Step L back (8) 12:00
/_X	Stan P hack (/)	Sten I hack (X) 17:00
1-0	OLED IN DACK III.	SIED L DACK (O) 12.00

[25 – 32] Rock Back with Hitch and Flick, Step, Full Turn, Point Leg and Finger Up & Down, Hold		
1-2	Step R back (1), L Hitch slowly as you push down both arms around L leg (2) 12:00	
3-4	Step L fwd (3), Slow R flick as you pretend to run in slow motion with natural arms (4) 12:00	
5-6	Step R fwd (5), Make ½ turn L (6) 6:00	
7-8	Make ½ turn L pointing R to R and point R index above your head (7), Hold (8) 12:00	

[32-36] Point Index Down

1-2-3-4 Bring back R index pointing down (1-2-3-4) 12:00

ENDING

Dance the first 10 counts and finish on LF with a circle with both of your arms from bottom to the top finishing crossed above each other in front of your chest