

Hey Ho, Let's Go!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ross Brown (ENG) - May 2022
音樂: Trenulekul - Zdob i Zdub & Fratii Advahov : (CD: Trenulekul - Single)



Intro : 32 Counts (Approx. 14 Seconds) [8 Counts before Main Vocals]

HEEL, HOOK. SHUFFLE FORWARD. X2.

1 – 2 Tap R heel forward, hook R foot across L shin.
3 & 4 Step R forward, close L up to R, step R forward.
5 – 6 Tap L heel forward, hook L foot across R shin.
7 & 8 Step L forward, close R up to L, step L forward, (12 O'CLOCK)

FORWARD ROCK. SHUFFLE ¼ TURN R. WEAVE ¼ TURN R.

1 – 2 Rock R forward, recover onto L.
3 & 4 Shuffle a ¼ turn R stepping; R, L, R.
5 – 6 Cross step L over R, step R to R.
7 – 8 Cross step L behind R, make a ¼ turn R stepping R forward. (6 O'CLOCK)

STEP FORWARD, HEEL SLAP. BACK, TOGETHER. X2.

1 – 2 Step L forward, flick R leg behind L.
Optional : On Count 2, slap R heel with L hand.
3 – 4 Step R back, step L next to R.
5 – 6 Step R forward, flick L leg behind R.
Optional : On Count 6, slap L heel with R hand.
7 – 8 Step L back, step R next to L. (6 O'CLOCK)

WEAVE ¼ TURN R. STEP, PIVOT ½ TURN R. SHUFFLE FORWARD.

1 – 2 Cross step L over R, step R to R.
3 – 4 Cross step L behind R, make a ¼ turn R stepping R forward.
5 – 6 Step L forward, pivot a ½ turn R.
7 & 8 Step L forward, close R up to L, step L forward. (3 O'CLOCK)

END OF DANCE!
