

Stomp Like This

拍數: 32 牆數: 2 級數: Beginner
編舞者: Rob Fowler (ES) - April 2022
音樂: Do It Like This - Daphne Willis



Intro: 16 counts (approx. 8 secs) – Start after the lyric “Here we go, come on” (No Tags or Restarts)

S1: Diagonal Stomp R x2, Step Side L, Back R, Step L Tog, Repeat

&1 Stomp R out to right diagonal twice
2 Step L to left side (shoulder-width apart)
3,4 Step back on R, step L next to R
&5 Stomp R out to right diagonal twice
6 Step L to left side (shoulder-width apart)
7,8 Step back on R, step L next to R [12:00]

S2: Side R, Rock Back L, Recover R, Side L, Rock Back R, Recover L, ¾ Turn R

1,2& Step R to right side, rock back on L behind R, recover on R
3,4& Step L to left side, rock back on R behind L, recover on L

(styling option for counts 1-4&: add a slight bounce action)

5,6,7,8 Make a ¾ turn right stepping R, L, R, L [9:00]

S3: Jump Fwd & Back & Fwd & Fwd, Jump Back & Fwd & Back & Back

&1&2 Jump forward R, step L out to left side, jump back R, step L out to left side
&3&4 Jump forward R, step L out to left side, jump forward R, step L out to left side
&5&6 Jump back R, step L out to left side, jump forward R, step L out to left side
&7&8 Jump back R, step L out to left side, jump back R, step L out to left side [9:00]

S4: Back R, Hook L, Step L, ¼ L Hitching R, R Side Mambo, L Side Mambo

1,2 Step back on R, hook L in front of R knee
3,4 Step forward on L, make ¼ turn left hitching R (weight on L)
5&6 Rock R out to right side, recover on L, step R next to L
7&8 Rock L out to left side, recover on R, step L next to R [6:00]

Start Over

NOTE:

Alternative “party track” music: “Do Something Crazy” by Outasight (start the dance after approx. 15 seconds on the lyric “I wanna”).

When using the party track, at the start you hear an extended use of the word “Go” (it sounds like “Whoooooar”), followed by “let’s go crazy”. This occurs several times during the track and is the cue for a freestyle walkabout; during this section, do whatever you like for 16 counts. The DJ can then cue which wall to restart the main dance after the freestyle section.

Last Update - 18 May 2022