

I Live the Life I Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jeanie Kotlik (USA) - May 2022
音樂: I Love the Life I Live (with Brian Auger) - Jeff Golub



Begin dance after 16 count intro - No tags or restarts

SHUFFLE SIDE RIGHT, PIVOT ON LF 1/4 TURN RIGHT, 3 QUICK TOUCHES, HOLD

1&2 Step RF to side, step LF together, step RF to side
3 - 4 Step forward on LF, pivot 1/4 turn to the right, step on RF
&5&6 Step back on LF, touch ball of RF in front of LF, step back on RF, touch ball of LF in front of RF
&7-8 Step back on LF, touch ball of RF in front of LF, HOLD

STEP BACK ON RF, SWEEP LEFT, 1/4 LEFT TURNING SAILOR , R, L DIAGONAL KICKS

1 - 2 Step back on RF, sweep with left, while turning 1/4 turn to the left
3&4 Step LF behind RF, step RF to right side, step LF to left side
5 - 6 Kick RF forward to left diagonal, recover on RF
7 - 8 Kick LF forward to right diagonal, recover on LF

FORWARD SHUFFLE ON RF, ROCK FORWARD ON LF, RECOVER ON RF, SHUFFLE STEP, 1/2 TURN LEFT, (L,R,L), PIVOT ON RF 1/4 TURN LEFT

1&2 Step forward on RF, step LF together, step forward on RF
3 - 4 Rock forward on LF, recover on RF
5&6 Shuffle step turning left 1/2 turn, L,R,L
7 - 8 Step forward on RF, pivot 1/4 turn to the left, step on LF

JAZZ BOX WITH CLAP HOLDS ON COUNTS 2,4,6,8, CROSS

1 - 2 Cross step RF over LF, clap/hold
3 - 4 Step back on LF, clap/hold
5 - 6 Step RF to side, clap/hold
7 - 8 Cross step LF over RF, clap/hold

Styling: Jazz hands can be used on right, left diagonal kicks (2nd set of 8)

Last Update - 14 May 2022
