I Live the Life I Love



拍數: 32 牆數: 4 級數: Beginner

編舞者: Jeanie Kotlik (USA) - May 2022

音樂: I Love the Life I Live (with Brian Auger) - Jeff Golub



Begin dance after 16 count intro - No tags or restarts

SHUFFLE SIDE RIGHT, PIVOT ON LF 1/4 TURN RIGHT, 3 QUICK TOUCHES, HOLD

1&2 Step RF to side, step LF together, step RF to side

3 - 4 Step forward on LF, pivot 1\4 turn to the right, step on RF

&5&6 Step back on LF, touch ball of RF in front of LF, step back on RF, touch ball of LF in front of

RF

&7-8 Step back on LF, touch ball of RF in front of LF, HOLD

STEP BACK ON RF, SWEEP LEFT, 1/4 LEFT TURNING SAILOR, R, L DIAGONAL KICKS

1 – 2	Step back on RF, sweep with left, while turning 1\4 turn to the left
3&4	Step LF behind RF, step RF to right side, step LF to left side
5 - 6	Kick RF forward to left diagonal, recover on RF
7 - 8	Kick LF forward to right diagonal, recover on LF

FORWARD SHUFFLE ON RF, ROCK FORWARD ON LF, RECOVER ON RF, SHUFFLE STEP, 1\2 TURN LEFT, (L,R,L), PIVOT ON RF 1\4 TURN LEFT

1&2	Step forward on RF, step LF together, step forward on RF	
3 - 4	Rock forward on LE recover on RE	

5&6 Shuffle step turning left 1\2 turn, L,R,L

7 - 8 Step forward on RF, pivot 1\4 turn to the left, step on LF

JAZZ BOX WITH CLAP HOLDS ON COUNTS 2,4,6,8, CROSS

1 – 2	Cross step RF over LF, clap/hold
3 – 4	Step back on LF, clap/hold
5 – 6	Step RF to side, clap/hold
7 – 8	Cross step LF over RF, clap/hold

Styling: Jazz hands can be used on right, left diagonal kicks (2nd set of 8)

Last Update - 14 May 2022