

Nightfalls

拍數: 48 牆數: 2 級數: Improver
編舞者: Maria Hennings Hunt (UK) - May 2022
音樂: Nightfalls - Keith Urban



#16 count intro

WALKS FORWARD, R, L, FULL CHASE TURN (OR R MAMBO), WALKS BACK L, R, SAILOR ¼ TURN LEFT

1-2 Walk forward on Right Foot (RF), walk forward on Left Foot (LF)
3&4 Rock fwd on RF, turn ½ left, stepping forward on LF, turn ½ left stepping back on RF
Easier option: Rock forward on RF, recover weight LF, step back RF
5-6 Walk back LF, walk back RF
7&8 Swing LF behind RF turning ¼ to L, rock RF to side, recover LF (9:00)

CROSS ROCK, SIDE, CROSS ROCK, SIDE, CROSS, SIDE, BEHIND, SIDE CROSS (SYNCOATED WEAVE)

1&2 Cross rock RF over LF, recover weight LF, step RF to side
3&4 Cross rock LF over RF, recover weight RF, step LF to side
5-6 Cross RF over LF, step LF to side
7&8 Step RF behind LF, step LF to side, cross RF over LF (9:00)

SIDE CLOSE SHUFFLE FORWARD, SIDE CLOSE SHUFFLE BACK (MODIFIED BOX STEP)

1-2 Step LF to side, close RF to LF
3&4 Step LF forward, close RF to LF, step LF forward
5-6 Step RF to side, close LF to RF
7&8 Step RF back, close LF to RF, step RF back (9:00)

BACK ROCK, SHUFFLE ½ TURN R, BACK ROCK, STEP ½ TURN L

1-2 Rock back on LF forward, recover weight RF
3&4 Step LF forwards, close RF to LF turning ½ R, step LF back (3:00)
5-6 Rock back on RF, recover weight LF
7-8 Step RF forward, pivot ½ turn L, stepping LF to side (9:00)

*****RESTART HERE WALL 5 making an extra ¼ turn to face 6:00*****

CROSS, SIDE, BEHIND, ¼ TURN L, STEP ½ TURN, RIGHT LOCK STEP FORWARD

1-2 Cross RF over LF, step LF to side
3-4 Step RF behind LF, step LF ¼ turn to L (6:00)
5-6 Step RF forward, pivot ½ turn L stepping forward on LF
7&8 Step RF forward, lock LF behind RF, step RF forward (12:00)

LEFT LOCK STEP FORWARD, ROCKING CHAIR, STEP ½ TURN

1&2 Step LF forward, lock RF behind LF, step LF forwards
3-6 Rock RF forward, recover weight LF, rock RF back, recover weight LF
7-8 Step RF forward, pivot ½ turn L, stepping LF forward (6:00)

REPEAT

Last Update - 19 May 2022