

# Advice

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Sarah Rohrbach (DE)  
音樂: Country Mile - Lisa McHugh



Seq: 32- Tag 1- 32- 16\*- 32- Tag 2- 32- 32- 32- 32- Ending

**Kick R, Side Rock L, Kick L, Side Rock R, Kick R, Touch L, Unwind ½ L, Stomp up R**

- 1&2&      Kick RF forward, set back down next to LF, place LF to left, lift RF briefly and put weight back on RF
- 3&4&      Kick RF forward, again set down beside RF, place RF to right, lift LF briefly and return weight to LF
- 5&6      Kick RF forward, set down again next to LF, set down left toe a bit backward
- 7&8      ½ turn left on LF and set left heel down, stomp RF next to LF and lift slightly again

**Back R, Heel L, Back L, Cross R, Back L, Heel R, Back R, Cross L, Step R, Heel L, Heel R, Scuff-HitchStomp L (all steps with a slight forward movement)**

The following section is danced with a slight forward movement:

- &1&2      Set RF diagonally back, set left heel diagonally forward, LF back to center, cross RF in front of LF
- &3&4      move LF diagonally backwards, place right heel diagonally forward, RF back to center, cross LF in front of RF
- &5&6      Move RF a little bit to the right, place left heel in front, LF back to center, place right heel in front
- &7,8      RF back to center, LF strong ground stride forward, pulling knee up, LF stomp up next to RF\*  
(restart in 2nd wall)

**Step R, Hook L, Step L, Hook R, Side Rock Cross R, Rock Step ½ Turn L, Rock Step ½ Turn L, Step L, Stomp Up R**

- 1&2&      Place RF to the right, raise LF behind right leg, place LF to the left and raise RF behind left leg.
- 3&4&      Stand RF to right, lift LF a bit, weight back on LF, cross RF in front of LF
- 5&6&      Place LF to left, lift RF briefly, weight back on RF and ½ left turn, place LF to left, lift RF briefly, weight back on RF and ½ left turn
- 7,8      Place LF to left, stomp RF next to LF and lift again slightly.

**Step Lock Step Back R, Rock Step ½ L, ½ Turn L, Step R, Step L, Stomp Up R 2x diagonal**

- 1&2      RF step back, LF cross in front of RF, RF step back.
- 3&4      ½ Left turn and LF step forward, lift RF briefly, weight back on RF and ½ Left turn and LF step forward, RF step forward, LF step forward, stomp up RF 2x diagonally forward and lift slightly again

**Tag 1 (After 1st wall)**

**Slide Diagonal R FWD, Slide Diagonal Back L**

- 1,2,3,4      Move RF diagonally forward, pull LF slowly behind
- 5,6,7,8      Move LF diagonally back, RF slowly pull behind

**Tag 2 (After 4th wall)**

**Slide Diagonal R FWD, Slide Diagonal Back L**

- 1,2,3,4      Move RF diagonally forward, pull RF slowly behind
- 5,6,7,8      Move LF diagonally back, pull RF slowly behind

**Step R FWD, Step L FWD, Stomp Up 2x FWD Diagonal**

- 5,6      Stomp up RF next to LF, stomp up LF next to RF

7&8

Stomp RF 2x diagonal forward

**Ending**

**½ Turn L, Stomp FWD R**

**After the last wall ½ turn left and stomp RF to the front**

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