

Take Me Home

拍數: 64 牆數: 0 級數: Phrased Intermediate
編舞者: Sarah Rohrbach (DE) - May 2022
音樂: Take Me Home - Sister C



Seq: A-A-A-B-B-A16-A-A-B-B-B-B-A8-A-B-*last 16 of B-B

Part A

Walk R, Scuff L, Walk L, Scuff R, Rock Step ½ Turn R, Scuff L

- 1,2 RF step forward, LF strong ground stripe forward
- 3,4 Step left forward, step right forward with strong ground stride
- 5,6 RF step forward, lift LF slightly, weight back on LF
- 7,8 ½ right turn and RF step forward, LF strong ground stripe forward.

Walk L, Scuff R, Walk R, Scuff L, Rock Step ½ Turn L, Scuff R

- 1,2 LF step forward, RF strong ground stripe forward
- 3,4 RF step forward, LF strong ground stripe forward
- 5,6 LF step forward, lift RF slightly, weight back on RF
- 7,8 ½ left turn and LF step forward, RF strong ground strut forward

Toe Strut Turn ¼ R, Toe Strut Turn ½ L, Flip Side R, Heel Fan R, Hook R

- 1,2 Put right toe in front, do a ¼ left turn and put right heel down
- 3,4 Touch down left toe back, a ½ left turn and touch down left heel
- 5,6 Raise right heel to the right while slapping foot with right hand, touch down right heel in front
- 7,8 Turn right heel out, cross RF in front of left knee

Side Rock R, ¼ Turn R, Rock Back R, Side R, Touch L, Side L, Touch R

- 1,2 RF step to right, lift LF slightly, weight back on LF.
- 3,4 ½ turn right, RF step back, lift LF a little, weight back on LF
- 5,6 Step right to right side, step left beside right.
- 7,8 LF step to the left, set down RF next to LF

Part B

(Jumping) Out, Recover, Hook R, (Jumping) Out, Recover, Flick R, Rock back Twice R

- 1,2 Jump out with both feet, jump back to center with both feet, crossing RF in front of left knee
- 3,4 Jump with both feet apart, jump with both feet back to the center, letting the RF jump up backward
- 5,6 Jump RF backward, kick LF forward, weight back on LF, pull RF upward
- 7,8 Jump RF backward, kick LF forward, weight back on LF, pull RF upward

(Travelling) Kick r, Cross L, Kick R, Kick L, Cross R, Kick L, Step L, Scuff R

- 1,2 (jumping to the right) kick RF forward, set down RF, cross LF behind right leg
- 3,4 Kick RF forward, (jumping to the left) kick LF forward
- 5,6 Set down LF and cross RF behind left leg, kick LF forward
- 7,8 Set down LF, bounce RF up to the back, RF strong ground stride to the front

***Diagonal Step FWD R, Diagonal Step Back L, Grapevine R, Scuff L**

- 1,2 RF diagonal forward, touch down LF behind RF
- 3,4 RF step diagonal back, touch down RF next to LF
- 5,6 RF step right, cross LF behind RF
- 7,8 RF step right, LF strong ground stride forward

Step Diagonal L, ½ Turn R, Hook R, Step R, Scuff L, Scoot Twice L, Step L, Step R

- 1,2 LF step diagonal forward, ½ turn right, crossing RF in front of left knee
 - 3,4 RF step forward, LF strong ground stride forward.
 - 5,6 hop on the RF 2x to the front, while lifting the LF a little bit
 - 7,8 LF step forward, put down RF next to LF
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