

Country In Me

COPPER **NOB**
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gitte Plöger (DK) - May 2022
音樂: Country In Me - Lauren Alaina



Intro: 16 Counts

Sec1: FWD, CROSS/STEP, SIDE, BEEHIND, BEHIND, 1/4 RIGHT, FWD, PIVOT 1/4 RIGHT, 1/4 LEFT ENGLISH CROSS & CROSS

- 1 – 2a Step L fwd sweeping R fwd(1), cross/step R over L (2), step L to left side (a) [12:00]
3 – 4a Step R behind L sweeping L back (3), step L behind R (4), step R to right side turning 1/4 turn Right (a) [3:00]
5 – 6 Step L fwd (5), pivot 1/4 turn right (6)(weight on R) [6.00]
7 – a8 Cross L over R angling Body to left diagonal whilst bending both knees (7) [4.30], step R to right side still bending both knees (a) cross L over right still bending both knees (8) [3:00]

Sec2: STEP 1/4 RIGHT FWD, CROSS/STEP, SIDE BEHIND, BEHIND, 1/4 LEFT, FWD, PIVOT 1/2 LEFT, FULL TURN, FWD/HITCH

- 1 – 2a Step 1/4 Right sweeping L fwd. (1) [6.00], cross/step L over R (2), step R to right side (a), [6:00]
3 – 4a Step L behind R sweeping R back (3), step R behind L (4), step L to left side turning 1/4 turn left Stepping L fwd (a), [3:00]
5 – 6 Step R fwd (5), pivot 1/2 turn left (6), (weight on L)[9:00]
a 7 – 8 Step R fwd making 1/2 turn left (a) (weight On R [3:00]), make 1/2 turn left stepping L fwd (7), [9:00], step R fwd hitching L knee at the same time (8), [9:00]

SEC3: BACK SWEEP X 2, BACK, 1/2 TURN, FWD/HITCH

- 1 – 2 Step L back sweeping R behind L at the same time (1), step R back sweeping L behind R at the Same time (2)
3 – a4 Step L back (3), make 1/2 turn right stepping R fwd (4), [3:00] step L fwd hitching right knee at the same time (a),[3:00]
5 – 6 Step R back sweeping L behind R at the same time (5), step L back sweeping R behind L at the Same time (6) [3:00]
7 – a8 Step R back (7), make 1/2 turn left stepping L fwd (a), step R fwd hitching L knee at The same time (8) [9:00]

SEC 4: CROSS & HEEL X 2, & FWD POINT X 2, & SIDE POINT X 2, & STEP TOGETHER

- 1 – a2 Cross L over R (1), step R to right side (a), touch L heel to left diagonal (2)
a 3 – a4 Step L next to R (a), cross R over L (3), step L to left side (a), touch R heel to right diagonal (4)
a 5 – a6 Step R next to L, (a), point L toe fwd (5), step L next to R (a), point R toe fwd (6)
a 7 – a8 Step R next to L (a) point L toe to left side (7), step L next to R (a), point R toe to right side (8)
a Step R next to L (a) (weight on R) [9:00]

Start again and enjoy!!

Ending: Starts on Wall 7 [6:00] Turn 1/4 right on R after full turn left on count a7 in sec: 2 to face [12:00]

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