Arlesey Stomp



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2022

音樂: Too Many Broken Hearts - Jason Donovan



Start after 32 count intro on the word "Last" - approx. 20secs - 122bpm - 3mins 26secs

Music Available: Amazon

As successfully danced in our new AB class in Arlesey during week 2. Bravo dancers!

[1-8] R step, touch L, L step, touch R, R side, L tog, R side, touch L

1-2	Step R side, touch L to R instep
3-4	Step L side, touch R to L instep
5-6	Step R side, step L together
7-8	Step R side, touch L to R instep

[9-16] L step, touch R, R step, touch L, L side, R tog, 1/4 L, L fwd, R brush fwd

1-2	Step L side, touch R to L instep
3-4	Step R side, touch L to R instep
5-6	Step L side, step R together

7-8 Turning ¼ left step L forward, R brush forward

[17-24] R jazz box, R fwd rock/recover, R back rock/recover (known as a rocking chair)

1-2	Cross step R over L, step L back
3-4	Step R side, step L forward
5-6	Rock R forward, recover weight on L
7-8	Rock R back, recover weight on L

[25-32] R jazz box, stomp R, stomp L, clap hands twice

1-2	Cross step R over L, step L back
3-4	Step R side, step L forward
5-6	Stomp R to right side, stomp L to left side
7-8	With weight remaining on L clap hands twice

Start dance again and enjoy!

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