

Bones

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - May 2022
音樂: Bones - Imagine Dragons : (Amazon/ Apple music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Dance starts on lyrics)

[S1] 2x Cross-Samba, Cross-Side-Behind Rock-1/4L-1/4L-Fwd-

1&2 Cross R over L, Rock L to the side, Replace weight on R
3&4 Cross L over R, Rock R to the side, Replace weight on L
5&6& Cross R over L, Step L to the side, Rock R behind L, Replace weight on L
7&8 Make a 1/4 turn left stepping back on R, Make a 1/4 turn left stepping L beside R, Step forward on R (6:00)

[S2] –Point, Cross, Point, Cross-Back-Point, Behind, Point, Hitch

1 2 3 Point L to the left, Cross L over R, Point R to the right
4&5 Cross R over L, Step back on L, Point R to the right
6 7 8 Step R behind L, Point L to the left, Hitch L knee in

[S3] Shuffle 1/4L, Step-Pivot 1/2L, Turning Shuffle Back 1/2L-Shuffle Fwd 1/2L

1&2 Making a 1/4 turn left shuffle forward on L-R-L (3:00)
3 4 Step forward on R, Make a 1/2 turn left recover weight on L (9:00)
5&6 Making a 1/2 turn left shuffle back on R-L-R (3:00)
7&8 Making a 1/2 turn left shuffle forward on L-R-L (9:00)

[S4] Fwd Rock-1/2R Shuffle Fwd, Step-Pivot 1/2R, Chase Turn 1/2R-Together

1 2 Rock forward on R, Replace weight on L
3&4 Making a 1/2 turn right shuffle forward on R-L-R (3:00)
5 6 Step forward on L, Make a 1/2 turn right recover weight on R (9:00)
7&8 Step forward on L, Make a 1/2 turn right recover weight on R, Step L next to R (3:00)

[S5] V Step-&, Box 1/4L Turn-&

1 2 Step R diagonally forward to the right, Step L diagonally forward to the left
3 4& Step R back to the centre, Step L back to the centre, Step forward on R
5 6 Cross L over R, Make a 1/4 turn left stepping back on R (12:00)
7 8& Step L to the side, Step forward on R, Step L close to R

[S6] Cross, Back, Side Shuffle, Behind, 1/4R, Fwd, Point

1 2 Cross R over L, Step back on L
3&4 Side shuffle to the right on R-L-R
5 6 Step L behind R, Make a 1/4 turn right stepping forward on R (3:00)
7 8 Step forward on L, Point R to the right

Restart: On Wall 2 count 32** (6:00)

Ending suggestion: The last wall starts facing 6:00, dance up to count 16 (12:00). Then, Step L to the side, Drag R close to L

(updated: 11/May/22)

