

Hold My Hand Improver

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Joshua Talbot (AUS) & Alison Johnstone (AUS) - May 2022
音樂: Hold My Hand - Lady Gaga



Intro: Start on the word "HAND" -10 seconds

NB – This dance works EXACTLY on the floor with the Intermediate dance it simply takes out BOTH 1 ¼ turns at the end – EVERYONE on the floor together !!!!

Section 1: STEP, SWEEP, STEP SWEEP

1, 2, 3 Step L fwd, Sweep R from back to front for 2 counts
4, 5, 6 Step R fwd, Sweep L from back to front for 2 counts

Section 2: 3/8 FALL AWAY DIAMOND FORWARD (7.30)

1, 2, 3 Cross L over R, 1/8 step R back, step L back (10.30)
4, 5, 6 Step R back, 1/8 L step L to L, 1/8 L step R fwd (7.30)

***** Restart here during walls 4, 8 & 11. Simply restart dance 1/8 over Left see below*****

Section 3: STEP HITCH, BACK DRAG

1, 2, 3 Step L fwd, slowly bring R knee up to a slight hitch position for 2 counts
4, 5, 6 Step R back, drag L toe towards R for 2 counts

Section 4: FWD, ½, BACK, COASTER (1.30)

1, 2, 3 Step L fwd, ½ L slightly step R back, step L back (1.30)
4, 5, 6 Step R back, step L together, step R slightly fwd

Section 5: STEP, POINT 1/8, HOLD, ¼ BACK, TOGETHER, CROSS (3.00)

1, 2, 3 Step L fwd, 1/8 L point R toe to R side, HOLD (12.00)
4, 5, 6 ¼ R step R back, step L together, step R over L (3.00)

Section 6: SWAY, SWAY (Hug your body during this section)

1, 2, 3 Step L to L swaying Hips L
4, 5, 6 Recover weight R swaying hips R

Section 7: ¼ BASIC FWD, 1/4 R STEP, TOUCH, HOLD (3.00)

1, 2, 3 ¼ L step L fwd, step R together, step L together (12.00)
4, 5, 6 1/4 R step R fwd, L touch L toe to L side, HOLD

Section 8: BASIC FWD, SLOW PIVOT (9.00)

1, 2, 3 Step L fwd, step R together, step L together (3.00)
4, 5, 6 Step R fwd, ½ L keeping for 2 counts keeping weight on R foot

**Tags: End wall 2 facing 6 & End wall 6 facing 3:

1, 2, 3 Step L fwd, bring R up behind L into position 4, hold
4, 5, 6 Step R back, drag L towards R, hook L in front of R

**Restarts: Wall 4 restart facing 9, Wall 8 restart facing 6, & Wall 11 restart facing 6:

Dance to count 12 (end section 2)

Simply straighten up 1/8 over L to restart the dance

**Ending: You will be facing 3 on count 27 (1/8 point R toe to side, hold)

1, 2, 3 Step R behind L, ¼ L step L fwd, step R fwd
4, 5, 6 Step L fwd, drag R towards L for 2 counts

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