

Let's Do The Limbo Rock

COPPER **KNOB**
BY STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Limbo Rock (Moombhton Remix) - Chubby Checker



Sequences : 32, 32, 16, 32, 32, 32, 16, 32, 32, 16 (ending)

Intro : 32C

No Tag & 2 Restart (On W3 & W7 - After 16C)

S1. SYNCOPATED V STEP, OUT OUT - IN IN , DIAGONAL FWD LOCK SHUFFLE (R/L)

1&2& Step R Heel diagonal fwd R, Step L Heel diagonal fwd L, Step RF back to centre, Step LF next to RF
3&4&. Step RF to R side, Step LF to L side, Step kBack RF to Centre, Close LF next to RF
5&6. Step RF diagonal fwd R, Lock LF behind RF, Step RF diagonal fwd R
7&8. Step LF diagonal fwd L, Lock RF behind LF, Step LF diagonal fwd L

S2. SYNCOPATED WEAVE - CROSS - SIDE - TOGETHER (R/L)

1&2&. Cross RF over LF, Step LF to L side, Cross RF behind LF, Step LF to L side
3&4. Cross RF over LF, Step LF to L side, Close RF next to LF
5&6& Cross LF over RF, Step RF to R side, Cross LF behind RF, Step RF to R side
7&8. Cross LF over RF, Step RF to R side, Close LF next to RF

S3. ¼RIGHT. HALF DIAMOND WITH HITCH, FORWARD MAMBO - COASTER STEP

1&2. Cross RF over LF, Step LF to L side, Turn ¼R. Step RF back lifting LF fwd
3&4. Step LF back, Turn ¼R. Step RF to R side, Step LF forward
5&6. Rock RF forward, Recover on LF, Step RF back
7&8. Step LF back, Close RF next to LF, Step LF forward

S4. FORWARD LOCK SHUFFLE, TURN ½. MAMBO , SKATE , ½L. PIVOT

1&2 Step RF forward, Lock LF behind RF, Step RF forward
3&4. Rock LF forward, Turn ½R. Recover on RF, Step LF forward
5-6. Skate RF fwd, skate LF fwd
7-8. Step RF forward, Turn ½L. Step LF forward

ENJOY & JUST FUN DANCE

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