

At a Bar

COPPER KNOB
BY STEPHEN

拍數: 24 牆數: 4 級數:
編舞者: Julie Heinrichs-Heisner (USA) - May 2022
音樂: Probably At A Bar - Chris Bandi



[1-8] Step R out to the side, slide L behind and rock recover, Step L out to the side, slide R behind and rock recover, step R chug, r shuffle

1-2 & Step R foot out to the right, slide L foot behind R and rock recover
3-4 & Step L foot out to the left, slide R foot behind L and rock recover
5-6 Step R forward, chug L behind R
7 & 8 Shuffle forward R L R

[9-16] Step L chug, L shuffle, step R forward full turn, coaster step

1-2 Step L forward, chug R behind L
3 & 4 Shuffle forward L R L
5-6 Step R forward and make a full turn
7 & 8 Step L back, Step R together, Step L forward

[17-24] R mambo, L mambo, step R to the side, hips r & l, ¼ turn L, kick L, coaster step

1 & 2 Step R side, lift and recover weight on L step back together
3 & 4 Step L side, lift and recover weight on r, step back together
5 & Step R side, moves hips R and Left
6 , ¼ turn to the L, kick L foot
7 & 8 Step L back, Step R together, Step L forward

****2 Restarts – walls 4 and 6**

Wall 4, after 16 counts - Wall 6, after 8 counts
