

Hao Ji Nian Remix Tiktok (好几年)

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Heru Tian (INA) - April 2022
音樂: Hao Ji Nian (好几年) (DJ版) - Tang Xiao Li (唐小力)



Intro : (Starts on vocal) - 4 Tags, No Restarts

****TAG1 4C AT THE END OF WALL 4, 6 & 10**

Tag : Sway R- Hold - Sway L- Hold

1234 Step Rf to Side, Sway hip to R (1), Hold (2), Sway hip to L (3), Hold (4)

****TAG2 8C AT THE END OF WALL 7**

DO TAG1 4C AND ADD : R JAZZ BOX

5678 Cross Rf over Lf (5), Step Lf back (6), Step Rf to side (7), Step Lf fwd (8)

Section 1 : R charleston Step- R fwd touch- R side touch- R coaster step

1234 Step Rf fwd (1), Touch Lf fwd (2), Step Lf back (3), Touch Rf back (4)

5 6 Touch Rf to the front (5), Touch Rf to the side (6)

7&8 Step Rf back (7), Step Lf next to Rf (&), Step Rf fwd (8)

Section 2 : L side rock- LR anchor step- L behind touch- ¼ turn L

1 2 Rock Lf to side (1), Recover on Rf (2)

3&4 Step Lf back (3), Step Rf in place (&), Step Lf in place (4)

5&6 Step Rf back (5), Step Lf in place (&), Step Rf in place (6)

7 8 Touch Lf behind Rf (7), Make a ¼ turn L, facing 9.00, weight on Lf (8)

Section 3 : cross heel touch- side touch- heel drop/hip bump 3x (R&L)

1 2 Touch Rf heel crossing over Lf (1), Touch Rf toe to the side (2)

3&4 Drop Rf heel, push hip to Right (3), Push hip to Left (&), Push hip to Right (4)

5 6 Touch Lf heel crossing over Rf (5), Touch Lf toe to the side (6)

7&8 Drop Lf heel, push hip to Left (7), Push hip to Right (&), Push hip to Left (8)

Section 4 : ¼ turn L paddle (X2) – kick ball point (R&L)

1234 Touch Rf fwd, rolling hip make a ¼ turn L (1), Step Lf in place (2), Touch Rf fwd, rolling hip make a ¼ turn L (3), Step Lf in place (4) facing 3.00

5&6 Kick Rf fwd (5), Ball Rf next to Lf (&), Point Lf to side (6)

7&8 Kick Lf fwd (5), Ball Lf next to Rf (&), Point Rf to side (6)

Start again..

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