

Abriendo Puertas (salsa)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Beginner
編舞者: Rika Djamhari (INA) - May 2022
音樂: Abriendo Puertas - BernieJoe : (Gloria Estefan Cover)



Intro: 64 counts - No tag, no restart

S1. CUMBIA STEPS

1-2-3-4. Cross rock R behind L, recover on L, step R to side, hold
5-6-7-8. Cross rock L behind R, recover on R, step L to side, hold

S2. BACK WALK R/L/R - TOUCH FORWARD - HOLD - BODY ROLL

1-2-3-4. Walk back R,L,R, hold
5-6-7-8. Touch L forward, hold, roll your body from down to up for 2 counts (weight on right)

S3. 1/4 TURN SUZY Q

1-2-3-4. 1/4 turn to left and cross L over R, step R to side, cross L over R, hold
5-6-7-8. Cross R over L, step L to side, cross R over left, hold (09:00)

S4. SIDE MAMBO L/R

1-2-3-4. Rock L to side, recover on R, close L together, hold
5-6-7-8. Rock R to side, recover on L, close R together, hold

S5. 1/4 TURN DIAMOND

1-2-3-4. Cross L over R, 1/8 turn to left and step R back, step L back, hitch R knee up
5-6-7-8. Step R back, 1/8 turn to left and step L to side, step R forward, hold (06:00)

S6. SIDE SHUFFLE L/R

1-2-3-4. Step L to side, step R together, step L to side, hold
5-6-7-8. Step R to side, step L together, step R to side, hold

S7. TOE TAP L/R

1-2-3-4. Touch L forward, touch L to side, cross L over R, hold
5-6-7-8. Touch R forward, touch R to side, cross R over L, hold

S8. FORWARD MAMBO - WALK BACK R/L - TOUCH

1-2-3-4. Rock L forward, recover on R, step L together, hold
5-6-7-8. Walk back R/L, touch R beside L, hold

Start Again!

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