

# Heartfirst

COPPER KNOB  
BY SHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Kate Moore (AUS) & Linda Burgess (AUS) - May 2022  
音樂: HEARTFIRST - Kelsea Ballerini



Intro: 32 counts

## {1-8} SIDE, TOGETHER, CROSS, SHUFFLE, ¼ BACK, BACK, L COASTER

1,2,3&4      Step R to R, close L beside R, cross/step R over L, step L to L, cross/step R over L  
5,6,7&8      Turn ¼ R & step back L, step back R, step back L, step R beside L, step fwd L (3.00)

## {9-16} KICK, BALL, TOUCH, KICK, BALL, TOUCH, TOUCH/FRONT, TOUCH/SIDE, ¼ SAILOR

1&2,3&4      Kick R fwd, step R beside L, touch L to L, kick L fwd, step L beside R, touch R to R  
5,6,7&8      Touch R fwd, touch R to R side, cross/step R behind L, turn ¼ R & step L beside R, step fwd R (6.00)

## {17-24} ROCK/FWD, REPLACE, ½ SHUFFLE, ¼ SIDE SHUFFLE, BACK/ROCK, REPLACE

1,2,3&4      Rock/step fwd L, replace weight to R, turn ¼ L & step L to L, step R beside L, turn ¼ L & step fwd L  
5&6,7,8      Turn ¼ L & step R to R, step L beside R, step R to R, rock/step back L, replace weight to R (9.00)

## {25-32} STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

1,2,3&4      Step fwd L to L45, lock/step R behind L, step fwd L to L45, lock/step R behind L, step fwd L to L45  
5,6,7&8      Step fwd R to R45, lock/step L behind R, step fwd R to R45, lock/step L behind R, step fwd R to R45 (10.30)

## {33-40} CROSS/ROCK, REPLACE, TRIPLE TURN L, STEP, KICK, BEHIND, SIDE, CROSS

1,2,3&4      Cross/rock L over R, replace weight to R, turn 270deg L with a triple step (stepping L,R,L)  
5,6,7&8      Step R to R, kick L to L, cross/step L behind R, step R to R, cross/step L over R (12.00)

## {41-48} SIDE, TOGETHER, SHUFFLE FWD, ROCK/FWD, REPLACE, ½ FWD, ½ BACK

1,2,3&4      Step R to R, close L beside R, step fwd R, step L beside R, step fwd R  
5,6,7,8      Rock/step fwd L, replace weight to R, turn ½ L & step fwd L, turn ½ L & step back R (12.00)

## {49-56} SIDE, TOGETHER, SIDE, TOUCH, FULL TURN, SHUFFLE FWD

1,2,3,4      Step L to L, slide R beside L, step L to L, touch R beside L  
5,6,7&8      Turn ¼ R & step fwd R, turn ½ R & step back L, turn 3/8th's R (to R45) & step fwd R, step L beside R, (1.30) step fwd R

## {57-64} MAMBO FWD, STEP BACK, ½ FWD, ROCKINGCHAIR, 1/8th L

1&2,3,4      (on diagonal) Rock/step fwd L, replace weight to R, step back L, step back R, turn ½ L & step fwd L  
5,6,7,8&      Rock/step fwd R, replace weight to L, rock/step back R, replace weight to L, turn 1/8th L to square off to centre (6.00)

Tag/restart: Wall 2. Dance counts 1- 44 then add the following:-

1,2,3,4      Rock/step fwd L, replace weight to R, step back L, touch R beside L. Restart facing 6.00

Kate Moore: 0437475600  
Linda Burgess: 0419285389

Last Update - 13 May 2022

