

# Mi Amor! Dancing on Her Own

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Helene Pedersen (NOR) - May 2022  
音樂: Dans På Bordet - Ballinciaga & David Mokol



## 1 tag

### (1-8) walk,walk,shuffle,out,out,hipswing,1/4ballstep.

- 1-2            Walk Rf(1),Lf(2).  
3&4           Rf step fwd(3), Lf step beside Rf(&), Rf step fwd(4).  
&5-7          Lf step to L diagonal(&), Rf step to R diagonal and start moving hip clockwise(5), Continue hipmovement(6), end hipmovement with 1/4R and weight on Lf(7).(3.00)  
8&            Ball of Rf beside Lf(&), Lf step fwd(8).

### (9-16) 1/2sweep,coaster,1/4hitch,side,sway,sway.

- 1-2            1/2L Rf step back and start sweeping Lf front to back(1), continue sweeping Sweeping Lf(2).(9.00)  
3&4           Lf step back(3), Rf step beside Lf(&), Lf step fwd(4).  
5-6            1/4L hitch Rf(5), Rf step R(6).(6.00)  
7-8            Sway R hip R(7), sway L hip L(8).

### (17-24) Hipswings,fwd bodyroles with pops.

- 1-2            recover weight to Rf and swing R hip clockwise(1), recover weight to Lf and swing L Anticlockwise(2).  
3-4            Repeat 1-2.  
5-6            Rf step fwd and start a bodyrole fwd(5), end bodyrole with Lf beside Rf and pop R knee(6).  
7-8            Repeat 5-6.

### (25-32) Slow bodyrole with a "sit down",hold,11/4box.

- 1-4            Rf step fwd and start bodyrole(1), continue bodyrole(2), end bodyrole with weight on Lf and both knees bend( sit down)(3), hold(4).  
5-8            1/4L Rf step R(5), 1/4L Lf step L(6), 1/4L Rf step R(7), 1/2L Lf step fwd(8).(3.00)

### 4 count Tag at the end of wall 5:

R fist in the air(1-2), Take a shot(3), drink it(4).

Start agin and have fun□□□