

It's My Life

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Novice
編舞者: Marie-Odile Jélinek (FR) - April 2022
音樂: Never Gonna Feel Like That Again - Kenny Chesney



2 Tags/Restarts

Start of the Dance after the 32 counts to the words " Friday Night Butterflies "

Sequences: 32 -32 / Tag 8/ 32-32 / Tag- 8 X 2 / 32-32-32-14 +2 Counts for the→ Final facing 12H

Hold on LF

[1-8] R.RUMBA BOX -BACK STEP LOCK STEP -L. COASTER STEP 12H

1&2 Step PD to R, Step LF near RF, Step RF in front
3&4 Step LF to L, Step RF near LF, Step LF backwards
5&6 Step LF back, Lock LF in front of RF, RF back (R.L.R)
7&8 Step LF back, Step RF near RF, Step LF forward

[9-16] R-MAMBO -L.STEP - TOGETHER- L.STEP- WITH ¼ TURN.R - L.FULL TURN- KICK BALL POINT

1 & 2 RF to R, step back to LF, gather RF next to LF
3&4 LF to L -Retract RF next to LF (support RF), ¼ turn to R, LF in front of 3H
5&6 RF forward, back to LF, 1/2 Turn to L, RF forward, 1/2 Turn to L, LF back (R.L.R)
7&8 KICK LF forward (7), BALL LF next to RF (&), Point RF next to R (8)

Here : Final after Counts "5&6" of the 2nd Section: Add 2 Counts

[17-24] R.WEAVE- SIDE-RECOVER-CROSS-L. WEAVE- SIDE-ROCK PIVOT ¼ TURN.R

1&2& Weave to R Syncopated: RF to R(1), Cross LF behind RF(&), RF to R (2), Cross LF in front of RF(&)
3&4 RF to R(3), Cross back to LF(&) ,Cross RF in front of LF
5&6& Weave to L Syncopated: LF to L (5), Cross RF behind LF(&), LF to L (2), Cross RF in front of LF(&)
7&8 PG to G(7), Cross back to PD Pivot ¼ to D(&), PG in front of PD (8) 6H

[25 to 32] STEP FWD- L.BRUSH- STEP FWD -SCUFF-R-HOOK-SCUFF-HOOK- ROCK STEP-POINT-BACK -SAILOR .R WITH ¼ TURN.R

1&2 RF forward, Brush LF, LF forward
&3&4 Rub heel RF from back to front, Cross RF in front of LF, Rub Heel.R from back to front, Cross in front of LF
5&6 RF (rock) forward, Point LF behind RF, back to LF
7&8 Cross Plant RF behind LF, ¼ turn to R with LF next to RF, Touch RF next to LF 9H

Here→ Tag after end of 2nd Wall at 6H *- Here→Tag after end of 5th Wall at 9H

After each Tag, the Dance resumes on 3H .

Tag N°1→ 1 to 8 R.WALK- L.WALK-ROCK STEP MAMBO.R- L.BACK- R-BACK- COASTER STEP ¼ L

1-2 Step RF in front, LF in front
3&4 Step RF in front,Back To LF, finish with RF behind
5-6 LF behind, RF behind
7&8 LF behind with ¼ turn to L, RF next to LF, LF in front *

Tag N° 2→ Repeat 1st Tag → 2 times ----- Final over 12→ LF to G, Touch RF next to LF = Hi « Hat » M.D

Brush → (1 count) Brush the floor with the Base oF The Foot---- Scuff → (1 count) Brush the floor with the heel

"Happy Dance Together."

