

Heartfirst

COPPER KNOB
BYEFOOTETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Jessica Louise (USA) & Ed Evangelista (USA) - May 2022
音樂: HEARTFIRST - Kelsea Ballerini



*1 restart on wall 4 after 16 counts

#32 Count Intro, start on lyrics

THREE PRISSY SHUFFLES FORWARD, PIVOT ½ TURN RIGHT

1&2 3&4 Cross R over L as you shuffle forward RLR, Cross L over R as you shuffle forward LRL
5&6 7 8 Cross R over L as you shuffle forward RLR, step forward on L, pivot ½ right, shifting weight to R

TOE, HEEL, COASTER STEP, HEEL, TOE, KICK BALL STEP

1 2 3&4 Touch L toe in next to R, touch L heel next to R, step back on L, step R next to L, step forward on L
5 6 7&8 Touch R heel next to L, touch R toe next to L, kick R forward, step on R next to L, step forward on L

RESTART HERE ON WALL 4

ROCK RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, ¼ RIGHT SHUFFLE SIDE LRL

1 2 3&4 Rock forward on R, recover to L, shuffle back RLR
5 6 7&8& Rock back on L, recover to R, make ¼ turn right, shuffling side left LRL, quickly step on R for the "&" count

TRAVELING BACKWARDS, HEEL & HEEL & HEEL (CLAP CLAP), & HEEL & HEEL & HEEL (CLAP CLAP)

1&2&3 4& Touch L heel, step back on L, touch R heel, step back on R, touch L heel, hold count 4 while clapping 2 claps (clap clap), step on L for "&" count
5&6&7 8 Touch R heel, step back on R, touch L heel, step back on L, touch R heel, hold count 8 while clapping 2 claps (clap clap)

End of dance. ENJOY!! MrEd325@gmail.com