

# Heartfirst

COPPER KNOB  
BYEFOOTETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jessica Louise (USA) & Ed Evangelista (USA) - May 2022  
音樂: HEARTFIRST - Kelsea Ballerini



\*1 restart on wall 4 after 16 counts

#32 Count Intro, start on lyrics

## THREE PRISSY SHUFFLES FORWARD, PIVOT ½ TURN RIGHT

1&2 3&4      Cross R over L as you shuffle forward RLR, Cross L over R as you shuffle forward LRL  
5&6 7 8      Cross R over L as you shuffle forward RLR, step forward on L, pivot ½ right, shifting weight to R

## TOE, HEEL, COASTER STEP, HEEL, TOE, KICK BALL STEP

1 2 3&4      Touch L toe in next to R, touch L heel next to R, step back on L, step R next to L, step forward on L  
5 6 7&8      Touch R heel next to L, touch R toe next to L, kick R forward, step on R next to L, step forward on L

RESTART HERE ON WALL 4

## ROCK RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, ¼ RIGHT SHUFFLE SIDE LRL

1 2 3&4      Rock forward on R, recover to L, shuffle back RLR  
5 6 7&8&      Rock back on L, recover to R, make ¼ turn right, shuffling side left LRL, quickly step on R for the "&" count

## TRAVELING BACKWARDS, HEEL & HEEL & HEEL (CLAP CLAP), & HEEL & HEEL & HEEL (CLAP CLAP)

1&2&3 4&      Touch L heel, step back on L, touch R heel, step back on R, touch L heel, hold count 4 while clapping 2 claps ( clap clap ), step on L for "&" count  
5&6&7 8      Touch R heel, step back on R, touch L heel, step back on L, touch R heel, hold count 8 while clapping 2 claps ( clap clap )

End of dance. ENJOY!! MrEd325@gmail.com