

No More Time To Cry

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Manuela Gustavsson (SWE) - May 2022
音樂: No Time to Cry - Chiara Castelli



Dance starts immediately

(if you miss the first counts, you can start on count 3 on the word "talk" with spiral turn)

*1 restart: on wall 2 after 44 counts facing 12:00

Section 1 (1-8): Walk RL, Spiral Turn ½ L, Sweep, Behind, Side, Cross, Side Rock

1 2 Step RF fwd, step LF fwd
3 4 Step RF fwd, make ½ spiral to left (6:00)
5 & 6 Sweep LF from front to back stepping on LF behind RF, step RF to R side, cross LF over RF
7 8 Rock RF to R side, recover onto LF

Section 2 (9-16): Sweep, Behind, Side, Fwd, Point, ¼ Turn L, Coaster Step, Rock Step

1 & 2 Sweep RF from front to back stepping on RF behind LF, step LF to L side, step RF fwd
3 4 Point LF to L, turn ¼ L while keeping weight on RF (LF is now pointing in front of you) (3:00)
5 & 6 Step LF back, step RF next to LF, step LF fwd
7 8 Rock RF fwd, recover onto LF

Section 3 (17-24): Lockstep back, Reverse Unwind ½ L, Side Rock, Cross, Side

1 & 2 Step RF back, lock LF in front of RF, step RF back
3 4 Touch L toes behind RF, unwind ½ turn to L stepping onto LF (9:00)
5 6 Rock RF to R side, recover onto LF
7 8 Cross RF over LF, Step LF to L side

Section 4 (25-32): Cross Shuffle, Side Rock, Sailor ¼ L, ½ Turn R, ¼ Turn R

1 & 2 Cross RF over LF, step LF to L, Cross RF over LF
3 4 Rock LF to L, recover onto RF
5 & 6 Cross LF behind RF making ¼ turn L, step RF next to LF, step LF fwd (6:00)
7 8 Make ½ turn R stepping RF fwd (12:00), make ¼ turn R stepping LF to side (3:00)

Section 5(33-40): Step, Together, Chassé, Unwind ½ R, Sailor ¼ R

1 2 Step RF to R, step LF beside RF
3 & 4 Step RF to R, close LF to R, step RF to R
5 6 Touch L toes over RF, unwind ½ turn to R stepping onto LF (9:00)
7 & 8 Cross RF behind LF making ¼ R, step LF beside RF, step RF fwd (12:00)

Section 6(41-48): Lockstep fwd, Pivot ½, Rocking Chair

1 & 2 Step LF fwd, lock RF behind LF, step LF fwd
3 4 Step RF fwd, turn ½ L stepping onto LF (6:00)

Restart here on wall 2 facing 12:00

5 6 7 8 Rock fwd on RF, replace weight on LF, Rock back on RF, replace weight on LF (6:00)

Start again

Ending wall 6 in sec 4 step change for count 8 do instead: Turn ½ R stepping back onto LF, facing front wall

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