

The End

拍數: 48 牆數: 4 級數: High Improver
編舞者: Hege Langhelle (NOR) - May 2022
音樂: If This Is the End (with Ulster Orchestra & Paul Campbell) - Ryan McMullan



Intro: 24 counts - No tags no restarts

Section 1: fwd,hitch,backbasic.

1-3 Lf step fwd(1), Rf hitch(2),hold(3)
4-6 Rf step back(4), Lf step beside Rf(5), Rf step beside Lf(6).

Section 2: 1/4point,1/2twinkle.

1-3 Lf step fwd(1), 1/4L Rf point R(2), hold(3).(9.00)
4-6 Rf cross Lf(4), 1/4R Lf step back(5), 1/4R Rf step R(6).(3.00)

Section 3: 1/8fwd,kickx2,back,rock,recover.

1-3 1/8R Lf step fwd(1), Rf kick fwd(2), Rf kick fwd(3).(4.30)
4-6 Rf step back(4), Lf rock back(5), recover to Rf(6).

Section 4: fwd,sweep,weave.

1-3 Lf step fwd(1), Rf sweep 1/8L back to front(2,3).(3.00)
4-6 Rf cross Lf(4), Lf step L(5), Rf step behind Lf(6).

Section 5: slide,drag,touch,11/4turn.

1-3 Lf long step L(1), Rf drag to Lf(2), Rf touch beside Lf(3).
4-6 1/4R Rf step fwd(4), 1/2R Lf step back(5), 1/2R Rf step fwd(6).(6.00)

Section 6: basicfwd,basicback.

1-3 Lf step fwd(1), Rf beside Lf(2), Lf beside Rf(3).
4-6 Rf stp back(4), Lf beside Rf(5), Rf beside Lf(6).

Section 7: 1/4,1/2,back,coaster.

1-3 1/4L Lf step fwd(1), 1/2L Rf step back(2), Lf step back(3).(9.00)
4-6 Rf step back(4), Lf beside Rf(5), Rf step fwd(6).

Section 8: fwd,1/1turn

1-3 Lf step fwd(1), hold(2,3).
4-6 Rf step fwd(4), 1/2R Lf step back(5), 1/2R Rf step fwd(6).(9:00)

Start again