

# Boogie Mood

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Harry Schalk (AUT) - April 2022  
音樂: Choo Choo Ch 'Boogie - Louis Jordan & His Tympany Five  
或: Down the Road Apiece - The Refreshments



## RESTARTS !!

Alt.: Down the Road Apiece by The Refreshments – NO RESTARTS

### Start Dance at Singing

#### Sec. 1: Shuffle R, Back Rock, Touch L, Cross Hitch, Touch L, Cross Flip

1 & 2      RF Step right , LF next to RF, RF Step right  
3 , 4      LF Step back , Weight back on RF  
5 , 6      LF Toe touch left, LF Knee lift cross over RF  
7 , 8      LF Toe touch left, LF lift back behind RF

#### Sec. 2: Shuffle L, Back Rock, Touch R, Cross Hitch, Touch R, Cross Flip

1 & 2      LF Step left, RF next to LF , LF Step left  
3 , 4      RF Step back , Weight back on LF  
5 , 6      RF Toe touch right , RF Knee lift cross over LF  
7 , 8      RF Toe touch right, RF lift back behind LF

#### Sec. 3: Step R , Touch L, Step back L, Kick R, Coaster Step, Hold

1 , 2      RF Step fwd, LF Toe touch next to RF  
3 , 4      LF Step back, RF kick fwd  
5 , 6      RF Step back, LF next to Rf  
7 , 8      RF Step fwd , Hold

#### Sec.4: Twist Steps fwd L, Hold, R, Hold, L,R,L,R

1 , 2      LF Step fwd and Twist both Heels reight, Hold  
3 , 4      RF Step fwd and Twist booth Heels left, Hold  
5 , 6      LF Step fwd and Heels right, RF Step fwd and Heels left  
7 , 8      LF Step fwd and Heels right, RF step fwd and Heels left ( Weight on LF)

\*\*\* RESTART in Wall 2, 5 and 7 at Choo Choo Boogie

#### Sec.5: Kick Ball Change, Step R, Pivot ½ Turn L, Cross, Touch L, Cross, Touch R

1 & 2      RF kick fwd , RF next to LF , Weight back on LF  
3 , 4      RF Step fwd , ½ Turn left on both Legs  
5 , 6      RF cross over LF, LF Toe touch left  
7 , 8      LF cross over RF, RF Toe touch right

#### Sec. 6: Out R, Out L, In R, In R, Step R, Step L, Heel lift

1 , 2      RF Step right diagonal fwd, LF Step left diagonal fwd  
3 , 4      RF Step to center, LF next to RF  
5 , 6      RF Schritt vor, LF dazu  
7 , 8      Lift both Heels ( bend your Knees) , Heels on Ground

Start the dance again ...