

The One I Need

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lucy Aprilina Lo (INA) - April 2022
音樂: You're the One That I Want - John Travolta & Olivia Newton-John



SESSION 1: WALK TO SIDE R L- STEP SIDE- TOUCH-HIP BUMP

1-4 Walk R & L to diagonal (leads to fac1.30)- Step R to side (12.00)--touch L to side
5-8 Hip bump 4x up and down (while your right arm make a big circle)

SESSION 2: ROLLING VINE- HIP BUMP TO R & L

1-4 Turn ¼ L , step L forward- turn 1/2 L, step R back- Turn ¼ L, step L to side - Touch R to side
5-8 Transfer weight to Rf ,bump hip twice (5-6), transfer weight to Lf bump hip twice (7-8) – While rolling two arm in front of your chest

SESSION 3: STEP TOGETHER- SIDE TOUCH- ¼ TURN L, FORWARD -SIDE TOUCH SKATE IN PLACE

1-4 Step R beside L- touch L to side- turn ¼ L , Step L forward- touch R to side
5-8 Skate R L R L while your finger pointing up R L R L

SESSION 4: FORWARD HITCH- STEP BACK – TOUCH BACK- PIVOT 1/4 x2

1-4 Step R forward- Hitch L knee- Step L back , -touch R back
5-8 Step R forward – turn 1/4, step L in place- Step R forward – Turn ¼ L, step L in place

TAG 1: 4 COUNT AFTER WALL 2 AND 5

1-4 STEP R TO SIDE- TOUCH R TOGETHER- STEP L TO SIDE-TOUCH R TOGETHER

TAG 2 : 8 COUNT, ON AFTER WALL 3

1-4 WALK R L R , KICK L FORWARD
5-8 BACK WARD L R L TOUCH R TOGETHER

THIS DANCE FOR CELEBRATED MY BIRTHDAY LETS DANCE TOGETHER

CONTACT ME: lucie2704@gmail.com

Last Update: 1 May 2022- R2