

Ride 'Em Cowboy

COPPER KNOB
STEPPED

拍數: 32 牆數: 4 級數: Beginner
編舞者: Susan Reynolds (USA) - October 2020
音樂: Good Ride Cowboy - Garth Brooks : (His tribute to Chris LeDoux)



Intro: High pitched sound, then 16 counts from the first Downbeat

LINDY, DIAGONAL ROCKING CHAIR,

1&2 Step R to side, Step L beside R, Step L to side
3-4 Rock L diagonally back and slightly behind R, Recover on R
5-6 Rock L diagonally forward (about 11:00), Step R in place
7-8 Rock L diagonally backwards (about 5:00), Step R in place

LINDY, DIAGONAL ROCKING CHAIR

1&2 Step L to side, Step R beside L, Step L to side
3-4 Rock R diagonally back and slightly behind L, Recover on L
5-6 Rock R diagonally forward (about 1:00), Step L in place
7-8 Rock R diagonally backwards (about 7:00), Step L in place

Restart here on Wall 5 (12:00) after 16 counts

TOE STRUTS, KICK-BALL-CHANGE, ROCK RECOVER

1-2 Step R forward with weight on ball of foot, Drop R heel
3-4 Step L forward with weight on ball of foot, Drop L heel
5&6 Kick R foot forward (low kick), Step R slightly back on ball of foot, Step L in place
7-8 Rock R forward, Recover on L

½ TURN LEFT SHUFFLE, ¼ TURN RIGHT, STEP TOUCH

1-2 Step R forward as turn ½ L (weight goes back to L)
3&4 Step R forward, Step L beside L, Step R forward
5-6 Step L forward as turn ¼ R (weight goes back to R)
7-8 Step L to side, Touch R beside L

RESTART: On Wall 5 (12:00) after 16 counts

The dance moves counterclockwise.

Questions: shreynolds203@gmail.com