

Por Favor

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Hiroko Carlsson (AUS) - April 2022
音樂: Por Favor - Trinidad Cardona : (Amazon/Spotify)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(16 counts intro)

[S1] Cross, Side, Cross Shuffle-&-Cross, Side Rock, Behind-Side

1 2 Cross R over L, Step L to the side
3&4 Cross R over L, Step L close to R, Cross R over L
&5 Step L close to R, Cross R over L
6 7 Rock L to the side, Replace weight on R
8& Step L behind R, Step R to the side

[S2] Cross, Side, Cross Shuffle-&-Cross, Side Rock, Behind-1/4L-

1 2 Cross L over R, Step R to the side
3&4 Cross L over R, Step R close to L, Cross L over R
&5 Step R close to L, Cross L over R
6 7 Rock R to the side, Replace weight on L
8& Step R behind L, Make a 1/4 turn left stepping forward on L** (9:00)

[S3] -1/2L, Back Mambo, Fwd Mambo, Back Rock-Fwd, Samba 1/4R Turn

1 Make a 1/2 turn left stepping back on R (3:00)
2&3 Rock back on L, Replace weight on R, Step forward on L
4&5 Rock forward on R, Replace weight on L, Step back on R
6&7 Rock back on L, Replace weight on R, Step forward on L
8&1 Step forward on R, Make a 1/4 turn right stepping L to the side, Replace weight on R (6:00)

[S4] Cross, Side-Cha-Cha-Cha, Side, Behind Rock-1/4R, Side Rock

2 3& Cross L over R, Step R to the side, Step L next to R
4&5 Step R to the side, Step L next to R, Step R to the side
6&7 Rock L behind R, Replace weight on R, Make a 1/4 turn right stepping back on L (9:00)
8& Rock R to the side, Replace weight on L

Restart on Wall 4 count 16** (12:00) and Wall 7 count 16** (3:00)

Fun Option: On Wall 2, Wall 5, Wall 8 and Wall 9 when you hear the lyrics say "Put your hands on your head" "Turn around, touch the ground"

[S2] Cross, 1/4L, Triple Turn 3/4L w/ Sit & Back Up, Side Rock, Behind-1/4L-

1 2 Cross L over R, Make a 1/4 turn left stepping back on R – touch your head
3&4 Make a 1/2 turn left stepping forward on L, Make a 1/4 turn left stepping R beside L, Slightly cross L over R – Sit down or bend and touch the ground
5 Back up/stand up again
6 7 Rock R to the side, Replace weight on L
8& Step R behind L, Make a 1/4 turn left stepping forward on L

Ending suggestion: The last wall starts facing 9:00, dance up to S4 count 6& (3:00). Then, Make a 1/4 turn left stepping forward on L (12:00)

(updated: 27/Apr/22)

