Home Free Love

拍數: 32

級數: High Beginner

編舞者: Tom Inge Soenju (NOR) - March 2022

音樂: Make You Feel My Love - Home Free

Music Availability: Available on all major music platforms and providers.

Note: No special notes! Intro: 32 counts. Sequence: Repeating sequence. Tag/Restart: No tags or restarts End: Slow ¼ R Coaster Step [12:00] and pose to end dance.

SECTION 1: SLIDE-TOGETHER-CROSS SHUFFLE x2 (R/L)

- 1-2 Slide RF to R side, Step LF next to RF
- 3&4 Cross RF over LF, Step (ball of) LF behind RF, Cross RF over LF
- 5-6 Slide LF to L side, Step RF next to LF
- 7&8 Cross LF over RF, Step (ball of) RF behind LF, Cross LF over RF

SECTION 2: STEP, ¼ L PIVOT, ½ L B SHUFFLE, B WALK x2, COASTER STEP

- 1-2 Step RF fwd, ¼ L turn (weight on LF) [09:00]
- 3&4 1/4 L turn stepping RF to R side, Step LF next to RF, 1/4 L turn stepping RF back [03:00]
- 5-6 Step LF back, Step RF back
- 7&8 Step LF back, Step RF next to LF, Step LF fwd

SECTION 3: BALL-STEP, ROCK, B SHUFFLE, ROCK, RECOVER, SHUFFLE FWD

- &1 Step ball of RF next to LF, Step LF fwd
- Rock RF fwd 2
- 3&4 Step LF back, Step RF next to LF, Step LF back
- 5-6 Rock RF back, Transfer weight onto LF
- 7&8 Step RF fwd, Step LF next to RF, Step RF fwd

SECTION 4: ¼ R STEP TURN, BEHIND-SIDE-CROSS, SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS SHUFFLE

- 1 1/4 R turn stepping LF to L side [06:00]
- 2&3 Step RF behind LF, Step LF next to RF, Cross RF over LF
- 4-5 Rock LF to L side, Transfer weight onto RF
- 6& Step LF behind RF, Step RF next to LF
- Cross LF over RF, Step (ball of) RF behind LF, Cross LF over RF 7&8

Start again and enjoy! Happy Dancing!

If anything is unclear or if you would like additional information, please contact me: Mail: tom@soenju.dance Facebook (Tom Inge Sønju): www.facebook.com/tom.soenju Website: www.soenju.dance

Abbreviations: R: Right, L: Left, F: Foot, Fwd: Forward, B: Back





牆數:2