

Take a Bow 2022

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: SoonYoung-Bae (KOR) - April 2022
音樂: Take a Bow - Madonna



* Intro : 32c (start on vocal)

* No Tag

* Restart : After 12 counts on 4 Wall(3:00), 9 Wall(3:00)

S1[1-8] WALK FWD R-L, MAMBO BACK, TOGETHER, SIDE ROCK, RECOVER, CROSS SHUFFLE(12:00)

1 2 walk forward RF-LF
3& rock RF forward, step LF in place
4& step RF back, step LF beside RF
5 6 rock RF side, step LF in place
7&8 cross RF over LF, ball step LF side, cross RF over LF

S2[9-16] SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE, 1/4 L SIDE, FWD LOCK STEP(9:00)

1 2 rock LF side, step RF in place
3&4 cross LF over RF, ball step RF side, cross LF over RF
* RESTART HERE : 4 WALL(3:00), 9 WALL(3:00)
5 6 step RF side, 1/4 L LF side(9:00)
7&8 step RF forward, lock LF behind RF as ball step, step RF forward

S3[17-24] FWD ROCK, RECOVER, 1/2 L SHUFFLE, SWEEP AND CROSS, SIDE, WEAVE(3:00)

1 2 rock LF forward, step RF in place
3&4 1/2 L LF forward(3:00), ball step RF beside LF, step LF forward
5 6 sweep RF to front and cross RF over LF, step LF side
7&8 step RF behind LF, step LF side, cross RF over LF

S4[25-32] SIDE, HOLD, SIDE, TOUCH, 1/4 R FWD, 1/4 R SIDE, BACK ROCK, RECOVER

1 2 step LF side, hold
&3 ball step RF beside LF, step LF side
4 touch RF beside LF
5 6 1/4 R RF forward(6:00), 1/4 R LF side(9:00)
7 8 rock RF back, step LF in place

Dance Is The Best Play! Have Fun!

Contact : SoonYoung-Bae (alhappy@hanmail.net)