

Bad Feelings

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Beginner
編舞者: Susan Reynolds (USA) - April 2022
音樂: Somethin' Bad (with Carrie Underwood) - Miranda Lambert



Intro: Singing without music, then 16 counts

HEEL SWITCHES, KICK BALL CHANGE, SIDE MAMBOS R & L

1&2& Touch R heel in front, Step R back in place, Touch L heel in front, Step L back in place
3&4 Kick R forward, Step R slightly back on ball of foot, Step L in place
5&6 Rock R to side, Recover L in place, step R together beside R
7&8 Rock L to side, Recover R in place, step L together beside L

SHUFFLE FORWARD 2X, BACK COASTER, L SCISSORS

1&2 Step R forward, Step L next to R, Step R forward
3&4 Step L forward, Step R next to L, Step L forward
5&6 Step R back, Step L next to R, Step R forward
7&8 Rock L to side, Step R in place, Step L across R

SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE TURN ¼ RIGHT

1-2 Rock R to side, Recover on L
3&4 Step R behind, step L to side, step R across
5-6 Rock L to side, Recover on R
7&8 Step L behind, step R to side, step L as ¼ turn to R

The dance moves clockwise
